Starting From Now

Count: 32 Wall: 4 Level: Intermediate

Choreographer: Daniel Trepat (NL) & Fred Whitehouse (IRE) - December 2017

Music: Starting From Now - Catherine McGrath

Restart: In the 5th wall after 12 counts

Intro: Start when she sings "Last" (I know I said a last time) (aprox. 3 sec into track)

[1 – 9] Side, Touch, Side with Toe turn, Combination step (Weave with Cross Shuffle), $\frac{1}{4}$ turn L with body sway, $\frac{1}{2}$ turn L sweep R fwd, Cross, Side, Behind with sweep	
1&2	Step R to R side (1), Touch L next to R (&), Step L to L side & turn R toes out (2) 12:00
3&4&5	Cross R behind L (3), Step L to L side (&), Cross R over L (4), Step L to L side (&), Cross R over
	L (5) 12.00
6&7	1⁄4 turn L stepping on L & turn body in L angle (6), Recover on R & turn body in R angle (&), Recover on L making a ½ turn L & sweeping R forward (7) 3:00
8&1	Cross R over L (8), Step L to L side (&), Cross R behind L & sweep L to back (1) 3:00
οαι	Closs R over L (o), Step L to L side (a), Closs R berlind L a sweep L to back (1)
[10 – 17] turn	Sailor $\frac{1}{4}$ turn, Rock chair (forward & side), Cross, Touch Side, Touch In, $\frac{1}{4}$ turn R fwd, Chase
2&3&4	Cross L behind R (2), ¼ turn L stepping R next to L (&), Rock L forward (3), Recover on R (&), Rock L to L side (4) 12:00
Restart:	In the 5th wall will be here the Restart (facing the front wall & keep weight on L)
&5	Recover on R (&), Cross L over R (5) 12:00
6&7	Touch R to R side (6), Touch R next to L (&), 1/4 turn R stepping R forward (7) 3:00
8&1	Step L forward (8), ½ turn R stepping R forward (&), Step L forward (1) 9:00
[18 – 24] 2&3&4	Rock step, Cross, Side, Together, Cross, ¼ turn L, Side, Toe In, Heel In, Touch 2x Rock R to R side (2), Recover on L (&), Cross R over L (3), Step L to L side (&), Step R next to L
	(4) 9:00
5 – 6&7&8	Cross L over R (5), ¼ turn L stepping R back (6), Step L to L side (&), Turn R toe inwards (7), Turn R heel inwards (&), Touch R to R side (8), Touch R next to L (&) 6:00
[25 – 32]	Side, Diamond Fall away, Rock step
1 – 2&3	Step R to R side (1), 1/8 turn R stepping L forward (2), 1/8 L stepping R to R side (&), 1/8 turn L stepping L back (3) 4:30
4&5	Step R back (4), 1/8 turn L stepping L to L side (&), 1/8 turn L stepping R forward (5) 1:30
6&7	Step L forward (6), 1/8 L stepping R to R side (&), 1/8 turn L stepping L back (3) 10:30
8&	Rock R back (8), 1/8 turn L recovering on L (&) 9:00

HAVE FUN AND I AM LOOKING FORWARD TO DANCE WITH YOU AGAIN!