

New York 2 LA

Count: 48

Wall: 4

Level: Intermediate / Advanced

Choreographer: Rachael McEnaney (UK/USA) Dec 2013

Music: NY2LA by Press Play [3.35mins]

Count In: 32 counts from start of track, dance begins on vocals. Approx 126 bpm.

Notes: There is 1 Tag at the end of the 7th wall, see notes below.

[1 - 8] Fwd R, twist, R coaster step, fwd L, ½ pivot R, ½ turn R, ¼ turn R

1 & 2 Step right foot forward as you bend right knee (almost like a press) (1), twist right heel to right (pushing into right foot)(&), twist right heel back to place (weight ends on left)(2) 12.00
3 & 4 Step back right (3), step left next to right (&), step forward right (4) 12.00
5 6 7 8 Step forward left (5), pivot ½ turn right (6), make ½ turn right stepping back on left (7), make ¼ turn right stepping right to right side (8) 3.00

[9 - 16] L syncopated jazz box, ¼ turn R with sweep back, back sweeps R-L, R sailor

1 2 & 3 Cross left over right (1), step back right (2), step left to left side (&), cross right over left (3) 3.00
4 5 Make ¼ turn right stepping as you step back on left and sweep right (4), step back on right as you sweep left (5) 6.00
6 7 & 8 Step back on left as you sweep right (6), cross right behind left (7), step left next to right (&), step right to right side (8) 6.00

[17 - 24] L touch behind, L side, R behind-side-cross, ½ turn L with R sweep, R cross, L side-rock-cross

1 Point left toe crossed behind right (style: as you point left behind take both hands to right side & look to right) 6.00
2 3 & 4 Step left to left side (2), cross right behind left (3), step left to left side (&), cross right over left (4) 6.00
5 6 Make ¼ turn left stepping forward left and sweep/swing right leg out to make another ¼ turn left (5), cross right over left (6) 12.00
7 & 8 Rock left to left side (7), recover weight right (&), cross left over right (8) 12.00

[25 - 33] R side press/rock, R behind-side-cross, L side with hip, R side with hip, rolling full turn L

1 2 Press ball of right to right side (style: lift right shoulder up) (1), recover weight left (drop shoulder) (2) 12.00
3 & 4 Cross right behind left (3), step left to left side (&), cross right over left (4) 12.00
5 6 Step left to left side as you turn hip & upper body left (5), step right out to right side as you turn hip & upper body right (6) 12.00
7 8 1 Make ¼ turn left stepping forward left (7), make ½ turn left stepping back right (8), make ¼ turn left taking big step to left side 12.00

[34 - 40] Hold, R ball, L cross, ¼ turn R, ½ turn R with L hip bump, ¼ turn R with R hip bump

2 & 3 4 Hold (slide right towards left) (2), step in place on ball of right (&), cross left over right (3), make ¼ turn right stepping forward right (4) 3.00
5 6 Make ¼ turn right touching left to left side and pushing hip left (5), make ¼ turn right stepping back left (6) 9.00
7 8 Make ¼ turn right touching right to right side and pushing hip right (7), step right to right side (8) 12.00

[41 - 48] L cross, R side, ¼ L sailor, R fwd, pivot ½ turn L, 2x ¼ turns L

1 2 Cross left over right (1), step right to right side (2), 12.00
3 & 4 Cross left behind right (3), make ¼ turn left stepping right next to left (&), step forward left (4) 9.00
5 6 Step forward right (5), pivot ½ turn left (6), 3.00
7 8 Make ¼ turn left touching right to right side (7), make ¼ turn left touching right to side (8) 9.00

TAG: At the end of the 7th wall you will be facing 3.00 add the following Tag.

Make ¼ turn left stepping right to right side as you do a big hip circle counter clockwise (left) for 4 counts (1,2,3,4)

Making a full turn to right, walk around in a circle right-left-right-left (5,6,7,8) Then start again – facing 12.00

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

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www.dancewithrachael.com - Rachaeldance@me.com - Tel: +1 407-538-1533 - +44 7968181933