

# THE BEAT OF YOUR HEART

## Choreographer: Kim Liebsch (Denmark)



**Type of dance:** 32 counts, 4 walls (Juli 2023)  
**Level:** Beginner  
**Music:** To The Beat Of Your Heart by Ericka Jane(3:18)  
**Intro:** 16 counts (appr. 8 sec)  
**1 Restart:** Start with weight on L foot  
 On wall 5 after 8 counts (\*12:00)  
 ( Contact: Kimliebsch on Instagram and [liebsch@ymail.com](mailto:liebsch@ymail.com) )

Counts	Footwork	End facing
<b>1 section</b>	<b>Cross rock, chasse´ X 2</b>	
1-2	Cross R over L, recover on L	12:00
3&4	Step R to R side, step L beside R, step R to R side	12:00
5-6	Cross L over R, recover on R	12:00
7&8	Step L to L side, step R beside L, step L to L side (*12:00)	12:00
<b>2 section</b>	<b>Jazzbox ¼ turn, step ¼ turn, step ½ turn</b>	
1-2	Cross R over L, make ¼ turn R stepping back on L	3:00
3-4	Step R to R side, step fw. on L	3:00
5-6	Step fw. on R, make ¼ turn L stepping L to L side	12:00
7-8	Step fw. on R, make ½ turn L stepping fw. on L	6:00
<b>3 section</b>	<b>Step fw. sweep X 2, rock recover, shuffle back</b>	
1-2	Step fw. on R while sweeping L	6:00
3-4	Step fw. on L while sweeping R	6:00
5-6	Rock fw. on R, recover on L	6:00
7&8	Step back on R, step L next to R, step back on R	6:00
<b>4 section</b>	<b>Back rock, step ½ turn, step fw. hold, step ¼ turn</b>	
1-2	Rock back on L, recover on R	6:00
3-4	Step fw. on L, make ½ turn R stepping fw. on R	12:00
5-6	Step fw. on L, hold	12:00
7-8	Step fw. on R, make ¼ turn L stepping L to L side	9:00

***Good Luck & N´joy!***