

Growing Up and Getting Old

Choreographers: Andrew Hayes (UK), Hayley Wheatley (UK) & Jo Kinser (UK) (Feb 2023)
Description: 48 Counts, 2 Walls, Intermediate Level Dance
Music: Growing Up and Getting Old by Luke Combs
Intro: 8 Counts, Start at approx 7 secs

SEC 1 Step, Step, ¼ Pivot, Cross, ½ Hinge, Cross Rock, Side, Extended Weave

- 1 Step right forward
- 2&3 Step left forward, pivot ¼ right transferring weight onto right, cross left over right (3:00)
- 4& Turn ¼ left step right back, turn ¼ left step left to left (9:00)
- 5-6& Cross rock right over left, recover weight onto left, step right to right
- 7&8& Cross left over right, step right to right, step left behind right, step right to right

SEC 2 Cross Rock, Side, Cross Rock, ¼ Step, ¼ Nightclub Basic, Side, Behind, Side

- 1-2& Cross rock left over right, recover weight onto right, step left to left
- 3-4& Cross rock right over left, recover weight onto left, turn ¼ right step right forward (12:00)
- 5-6& Turn ¼ right step left to left, step right beside left, cross left over right (3:00)
- 7-8& Step right to right, step left behind right, step right to right

Restart Here on Wall 5, turn ¼ right step right forward on “&” then dance the following and restart

- 1-2 Step left to left, drag right beside left

SEC 3 Cross, Sweep, ¼ Diamond, Weave, Side, Touch

- 1 Cross left over right sweeping right from back to front
- 2&3 Cross right over left, step left to left, turn ⅛ right step right back (4:30)
- 4&5 Step left back, turn ⅛ right step right to right, cross left over right sweeping right from back to front (6:00)
- 6&7 Cross right over left, step left to left, step right behind left
- &8 Step left to left, touch right beside left

SEC 4 Sway, Sway, Nightclub Basic, Nightclub Basic, ¼ Step, Step, ½ Pivot, Step

- 1-2 Step right to right swaying body right, sway body left
- 3-4& Step right to right, step left beside right, cross right over left
- 5-6& Step left to left, step right beside left, cross left over right
- 7 Turn ⅛ right step right forward (7:30)
- 8&1 Step left forward, pivot ½ right transferring weight onto right, step left forward (1:30)

SEC 5 Rock, Back, Sweep, Back, Sweep, Back, Sweep, Back Rock, Step, Lock, Step

- 2& Rock right forward, recover weight onto left
- 3 Step right back sweeping left from front to back
- 4 Step left back sweeping right from front to back
- 5 Step right back sweeping left from front to back
- 6-7 Rock left back, recover weight onto right
- 8&1 Step left forward, lock right behind left, step left forward

SEC 6 ½ Back, ⅜ Turn, Coaster Step, Step, ½ Pivot, Step, Full Turn

- 2-3 Turn $\frac{1}{2}$ left step right back, pivot $\frac{3}{8}$ right transferring weight onto left (12:00)
- 4&5 Step right back, step left beside right, step right forward
- 6&7 Step left forward, pivot $\frac{1}{2}$ right transferring weight onto right, step left forward (6:00)
- 8& Turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward (6:00)