



LOVE AND HATE



Choreographer : Marianne Langagne (Fr) (15.11. 2024)
Wall : 4 Walls
Counts : 32 Counts - 2 Restarts – 2 Tags
Level : Easy Improver
Music : Love and Hate – Annika Catharina (102 Bmp)
Intro : 16 Counts

Sequences : **32 – 16 TAG/Restart – 32 – 16/Restart – 32 – 32 – 32 – TAG – 32 – 32**

1 – 8 **DIAGONALLY BALL, HEEL FAN, COASTER STEP, TOE – SCUFF- STEP FWD (L – R)**

1 & 2 R Ball Diagonally Fwd R, Pivot R Heel to the R, Return to Center
 3 & 4 RF Back, Together, RF Fwd
 5 & 6 L Point next to RF (Knee In), Scuff LF Fwd , LF fwd
 7 & 8 R Point next to LF (Knee In), Scuff RF Fwd , RF fwd

9 - 16 **STEP ½ TURN R, TRIPLE FWD, LARGE DIAGONALLY STEP, DRAG, LARGE DIAGONALLY STEP, TOUCH**

1 – 2 LF Fwd, ½ Turn R (weight on RF) **6:00**
 3 & 4 LF Fwd, Together, LF Fwd
 5 – 6 Large Step Diagonally Fwd R, Slide LF next to RF
 7 – 8 Large Step Diagonally Fwd L, Touch RF next to LF

ICI **Tag / Restart** (2nd Wall – Facing 9:00)

Restart (4th Wall – Facing 6:00)

17 - 24 **KICK BALL CROSS X 2, SIDE ROCK, CROSS SHUFFLE**

1 & 2 Kick RF, Ball R next to LF, Cross LF over RF
 3 & 4 Kick RF, Ball R next to LF, Cross LF over RF
 5 – 6 RF to the R, Recover on RF
 7 & 8 Cross RF over LF, LF to the L, Cross RF over LF

25 – 32 **¾ TURN R, TRIPLE FWD, HEEL SWITCHES & TOE & HEEL &**

1 – 2 ¼ Turn R – LF Back (9:00), ½ Turn R – RF Fwd (3:00)
 3 & 4 LF Fwd, Together, LF Fwd
 5 & 6 R Heel Fwd, RF next to LF, L Heel Fwd
 & 7 Together, R Toe next to LF **here Final : & ¼ Turn R (12:00) and finish the counts (7&8&)**
 & 8 RF next to LF, L Heel Fwd
 & Together (Weight on LF)

TAG (2 Counts)

BOUNCES X 2 : RF Fwd Tape R Heel Twice (weight on LF)

2nd Wall : Dance 16 Counts – TAG & Restart (Facing 9:00)

End of 7th Wall : Tag & Restart the dance from the beginning

Dance & Have fun !!!!