

Spirits & Demons

Count: 48

Wall: 4

Level: Advanced

Choreographer: Kim Ray (UK), Lorraine Monahan (UK) & Debbie Mabbs (UK) - September 2023

Music: Spirits and Demons (with Meghan Patrick) - Michael Ray

Intro: 24 counts

S1: SIDE RIGHT, BACK ROCK/RECOVER, SIDE LEFT, BACK ROCK RECOVER, STEP FORWARD/FULL SPIRAL, STEP FORWARD, PIVOT ½ TURN RIGHT

1-3 Step right to right side, rock back on left, recover on right

4-6 Step left to left side, rock back on right, recover on left

7-9 Step forward on right, stepping forward on left spiral full turn right, step forward on right

10-12 step forward on left, pivot ½ turn right, step forward on right (6:00)

S2: STEP KICK/HITCH, CROSS BACK SIDE, CROSS SIDE ROCK/RECOVER, CROSS ½ HINGE RIGHT HOOK

1-3 Step forward on left to face (7:30), kick right forward, hitch right knee going up on left toe pointing right toe down

4-6 Cross right over left, step back on left, step right to right side straightening up to (9:00)

7-9 Cross left over right, rock right to right side, recover on left

10-12 Cross right over left, ½ turn right hook right across left (3:00)

S3: RUNS FORWARD, 1/3 PIVOT RIGHT, TOUCH KICK, RIGHT TWINKLE, LEFT TWINKLE

1-3 1/8 turn right runs forward right, left, right (4:30)

4-6 Step forward on left and ½ turn right (slightly leaning back), touch right toe in front of left, kick right forward (10:30)

7-9 Cross right over left, step left to left side, step right in place

10-12 Cross left over right, step right to right side, step left in place

S4: CROSS 3/8 TURN STEP BACK, STEP BACK ¼ TURN, CROSS, STEP TOUCH HOLD, 1¼ ROLL LEFT

1-3 Cross right over left, 3/8 turn right stepping back on left, step back on right (3:00)

4-6 Step back on left, ¼ turn right stepping right to right side, cross left over right (6:00)

7-9 Step right to right side, touch left next to right prepping upper body to right, hold

10-12 ¼ turn left stepping forward on left, ½ turn left stepping back on right, ½ turn left stepping forward on left (3:00)

EXTRA 12 COUNTS ON THE END OF WALL 4 FACING 12:00

STEP RIGHT ROCK BACK/RECOVER, ¾ TURN LEFT, COASTER STEP, FULL TURN LEFT, ¼ TURN

1-3 Step right to right side, rock back on left, recover on right

4-6 ¼ turn left stepping forward on left, ½ turn left stepping back on right, step back on left (3:00)

7-9 Step back on right, step left next to right, step forward on right

10-12 Step forward on left, ½ turn left stepping back on right, ½ turn left stepping forward on left. Make a ¼ left to restart the dance at 12:00

Start again