

# This One's On Me

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**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Ann-Kristin Sandberg (NOR) - February 2023

**Music:** This One's On Me - Emma Steinbakken : (iTunes)

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**Start dancing on vocals (intro 8 c)**

## **SIDE-TOGETHER-CHASSE-ROCK RECOVER-CHASSE ¼ TURN L**

1-2 Step R to R side, Step L next to R  
3&4 Step R to R side, Step L next to R, Step R to R side  
5-6 Cross L in front of R, Recover onto R  
7&8 Step L to L side, Step R next to L, ¼ turn L stepping L forw (F 09)

## **STEP-1/2 TURN L-1/2 TURN L INTO SHUFFLE –KNEE POPS-COASTER STEP**

1-2 Step R forw, ½ pivot turn L stepping L forw (F 03)  
3&4 ½ turn L stepping R backw, Step L next to R, Step R backw (F 09)  
5-6 Step L back (knee pop R), Step R back (knee pop L)  
7&8 Step L backw, Step R next to L, Step L forw

## **SIDE TOGETHER-SHUFFLE-SIDE TOGETHER-SHUFFLE**

1-2 Step R to R side, Step L next to R  
3&4 Step R forw, Step L next to R, Step R forw  
5-6 Step L to L side, Step R next to L  
7&8 Step L forw, Step R next to L, Step L forw

## **ROCK RECOVER-1/2 TURN R INTO SHUFFLE-ROCK RECOVER-BACK-TOUCH**

1-2 Step R forw, Recover onto L  
3&4 ½ turn R stepping R forw, Step L next to R, Step R forw (F 03)  
5-6 Step L forw, Recover onto R  
7-8 Step L backw, Touch R next to L

## **TAG 4 count after wall 3 F 09 :**

1-2 Step R forw, recover onto L  
3-4 Step R backw, recover onto L

**ON KNEE POP IN SECTION 2: only in chorus...Cross arms on chest on count 5..on the word "ME"**

**ENJOY & HAVE FUN**

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