

Catchy Dance

Count: 32

Wall: 4

Level: Ultra Beginner - Kids dance

Choreographer: Michelle Wright (USA) - February 2020

Music: Catchy song by Dillion Francis, T pain and that girl Lay lay from the LEGO movie
2

Alternative music:

Dancin' while intoxicated by Colt Ford, Locash, Redneck Social Club

Boys by Lizzo

Strip that down by Liam Payne, Quavo

Section 1: 2 "v" steps

1,2,3,4 step R forward on diagonal, step L forward on diagonal, step R back, step L together

5,6,7,8 step R forward on diagonal, step L forward on diagonal, step R back, step L together

Section 2: R+L side jumps with hip shakes

&1 jump To R side, touch L next to R

2&3&4 Bump L hip up, recover back center Bump L hip up, recover center, bump L hip up

&5 Jump to L side, touch R next to L

6&7&8 Bump R hip up, recover center, Bump R hip up, Recover center, bump R hip up, recover center

(section also know as jump and shake it, shake it,shake it for my kids)

Section 3: 2 forward step touch w/ claps, 2 back step touch w/ claps w/ ¼ turn

1,2, Step R forward,touch L next to R and clap

3,4 Step L forward, touch right next to L and clap

5,6 Step R back, touch L next to R and clap

7,8 Step L to L ¼ turn, touch R next to L and clap

(Can be modified to make easier see note at bottom)

Section 4: conga walk

1,2,3,4 wall forward R,L,R, kick L forward

5,6,7,8 wall back L,R,L, touch R next to L

End of dance

I choreographed this for my kids and family movement classes. It's just for fun.

NOTE: Feel free to make it a 1 wall dance by taking out the ¼ turn in section 3. I can guarantee this song will get stuck inside your head... it's just a Catchy song!

Any questions email me at Michellelinedance@gmail.com