

## Groovin`

31.July 2020

Choreographer: Mary Bee Friedrich  
Music: Groovin` by Young Rascals – Billboard Club 1967 / 2.33 min.  
Count: 56  
Wall: 2  
Restart: 1 – Wall 3/ Count 51  
Restart: 2 – Wall 4/ Count 32  
Intro: 16 Count

### **Section 1 Side Close, Chasse`, Rock Back, Side Close**

1 – 2 RF step to right, LF close to right  
3 + 4 RF step to right, LF close to right, RF step to right  
5 – 6 LF cross behind RF, RF recover on weight  
7 – 8 LF step to left, RF close to left

### **Section 2 Chasse`, Rock Back, synchopated Groovin`Steps**

1 + 2 LF step to left, RF close to left, LF step to left  
3 – 4 RF cross behind LF, LF recover on weight  
5 – 6 RF step diagonal fwd., LF cross lock behind RF  
7 – 8 RF step to right, LF step diagonaö fwd.

### **Section 3 Synchopated Groovin`Steps L/R/L**

1 – 2 RF cross lock behind LF, LF step to left  
3 – 4 RF step diagonal fwd., LF cross lock behind RF  
5 – 6 RF step to right, LF step diagonal fwd.  
7 – 8 RF cross lock behind LF, LF step to left

### **Section 4 Rock´n Chair, ½ Pivot, Shuffle**

1 – 2 RF step fwd., LF recover on weight  
3 – 4 RF Rock back, LF recover on weight  
5 – 6 RF step fwd., LF ½ turn over left  
7 + 8 RF step fwd., LF close to right, RF step fwd.

Restart on Wall 4

**Section 5**                      **Side Step, Triangle Jazz Box, Cross Shuffle, Side Rock**

1 – 2                              LF step to left, RF cross over LF

3 – 4                              LF step back, RF step to right

5 + 6                              LF cross over RF, RF recover on weight, LF cross over RF

7 – 8                              RF step to right, LF recover on weight

**Section 6**                      **Weave, Rock´n Chair**

1 – 2                              RF cross over LF, LF step to left

3 – 4                              RF cross behind LF, LF step to left

5 – 6                              RF step fwd., LF recover on weight

7 – 8                              RF Rock back, LF recover on weight

**Section 7**                      **½ Pivot, Shuffle, ½ Pivot, Shuffle**

1 – 2                              RF step fwd, LF ½ turn over left

3 + 4                              RF step fwd, LF close to right, RF step fwd.

5 – 6                              LF step fwd., RF ½ turn over right

7 + 8                              LF step fwd, RF close to LF, LF step fwd.

7 \* Restart on Wall 3 – you lost +8

Have fun 😊                      Get the Groovin´Vibes !

Contact:                              [Marybeefriedrich@web.de](mailto:Marybeefriedrich@web.de)

fb Mary Bee Friedrich / Mary Bee Line Dance Channel / Insta Marybee4you  
LineDanceFriendship Germany / [www.linedancefriendship.de](http://www.linedancefriendship.de)