

# Mountain Dew

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Micaela Svensson Erlandsson, October 2015

**Music:** Mountain Dew - Hair of the Dog

## Intro - 24 Counts

### **Section 1: Right Heel x 2. Left Heel x 2. Right Heel. Left Heel. Right Heel. Hold & Clap twice.**

1-2      Touch right heel forward. Touch right heel forward.  
& 3-4      Step right beside left. Touch left heel forward. Touch left heel forward.  
&5&      Step left beside right. Touch right heel forward. Step right beside left.  
6&7      Touch left heel forward. Step left beside right. Touch right heel forward.  
&8      Hold & Clap. Clap.

### **Section 2: Sailor Step. Sailor 1/4 Turn left. Forward Shuffle. Stomp. Kick.**

1&2      Step right behind left. Step left to left side. Step right foot in place.  
3&4      Turn 1/4 left stepping left behind right. Step right to right side. Step left in place.  
5&6      Step forward on right. Close left beside right. step forward on right.  
7-8      Stomp left. Kick left forward.

### **Section 3: Back Mambo. Forward Mambo. Tap. Unwind 1/2 left. Stomp. Hold & Clap Twice.**

1&2      Rock back on left. Recover onto right. Step forward on left.  
3&4      Rock forward on right. Recover onto left. Step back on right.  
5-6      Tap left toes back. Unwind 1/2 left leaving weight on left.  
7&8      Stomp right. Hold & Clap. Clap.

### **Section 4: Right Chasse 1/4 Turn right. Left Chasse 1/4 Turn right. Right Chasse. Kick Ball Touch.**

1&2      Step right to right. Close left beside right. Turn 1/4 right stepping right forward.  
3&4      Step left to left. Close right beside left. Turn 1/4 right stepping back on left.  
5&6      Step right to right. Step left beside right. Step right to right.  
7&8      Kick left forward. Step left in place. Touch right beside left.