

# Feel It!

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**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Mathew Sinyard (UK) - December 2017

**Music:** Feel It Still - Portugal. The Man

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**Intro: 32 Counts. No Tags or Restarts.**

**Section 1: Step, Heel Toe Heel (x2).**

1 2 3 4 Step forward on right foot, fan left - heel toe heel towards right.  
5 6 7 8 Step forward on left foot, fan right – heel toe heel towards left.

**Section 2: Back Kick (x2), Grapevine Right Touch.**

1 2 3 4 Step back on right foot, kick left forward, step back on left foot, kick right forward.  
5 6 7 8 Step right to right, cross left behind right, step right to right, touch left beside right.

**Section 3: Heel Toe (x2), Grapevine Left Touch.**

1 2 3 4 Tap left heel forward to left diagonal, tap left toe beside right, tap left heel forward to left diagonal,  
tap left toe beside right.  
5 6 7 8 Step left to left, cross right behind left, step left to left, touch right beside left.

**Section 4: Monterey ¼ Right, Jazz Box.**

1 2 3 4 Point right toe to right side, make ¼ turn right stepping right beside left, point left toe to left side,  
step left beside right.  
5 6 7 8 Cross right in front of left, step back on left, step right to right side, step left beside right.

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