

# Atlantic Cha

Count: 32

Wall: 4

Level: Improver

Choreographer: Hayley Wheatley (UK) & Rob Holley (USA) - July 2022

Music: Bury Me In Blue Jeans - Midland : (CD: The Last Resort: Greetings From - iTunes)

**Intro: 24 (start vocals)**

**[1-8] WALK FORWARD (3X), ROCK RECOVER ¼ TURN STEP, CROSS, SIDE, BEHIND SIDE ROCK**

1-2-3 Step R forward (1), step L forward (2), step R forward (3)  
4&5 Rock L forward (4), recover weight on R (&), turn ¼ L & step L to L side (5) (9:00)  
6-7 Cross R over L (6), step L to L side (7)  
8&1 Step R behind (8), step L to L side (&), cross rock R over L (1) (7:30)

**[9-16] RECOVER, BALL STEP, CROSS ROCK RECOVER, BALL STEP, FWD ROCK RECOVER, STEP BACK, HIP BUMPS, BALL STEP**

2 Recover weight on L (2)  
&3-4 Step ball of R next to L (&), cross rock L over R (3), recover weight to R (4) (10:30)  
&5-6 Step ball of L next to R (&), rock R forward (5), recover weight on L (6) (9:00)  
7&8 Step R back touching L toe fwd (7), rock/push hips slightly forward (&), rock/push hips back (8)  
& Step ball of L next to R (&)

**\*Restart here on walls 3 & 7, see note\***

**[17-24] WALK, WALK, ½ TURN STEP BACK, SHUFFLE BACK, ¼ TURN, SIDE TOUCHES (3X)**

1-2-3 Step R forward (1), step L forward (2), turn ½ L & step R back (3) (3:00)  
4&5 Step L back (4), step R next to L (&), step L back (5)  
&6 Turn ¼ R & step R to R side (&), touch L next to R (6) (6:00)  
&7 Step L to L side (&), touch R next to L (7)  
&8 Step R to R side (&), touch L next to R (8)

**[25-32] BALL CROSS, ¼ TURN STEP, ¼ TURN STEP, BEHIND, ¼ TURN STEP, STEP, ROCK RECOVER, COASTER STEP**

&1 Step L next to R (&), cross R over L (1)  
2 Turn ¼ L & step L forward (2) (3:00)  
3 Turn ¼ L & step R to R side (3) (12:00)  
4&5 Step L behind R (4), turn ¼ R & step R forward (&), step L forward (5) (3:00)  
6-7 Rock R forward (6), recover weight on L (7)  
**(Styling option – replace rock recover with a body roll)**  
8& Step R back (8), step L back (7)

**NOTE: On restart #1 you'll be facing 3:00, on restart #2 you'll be facing 9:00.**

Contact: Hayley – [hcwheatley@live.com](mailto:hcwheatley@live.com)

Facebook: "Line Dance Central with Hayley Wheatley"

<https://www.facebook.com/groups/938764216223611/>

YouTube: <https://www.youtube.com/channel/UCijdqwyH1vTmaHBpR5gmXzA>

Contact: Rob - [holleyrp1966@gmail.com](mailto:holleyrp1966@gmail.com)

Facebook: <https://www.facebook.com/TeamHolleyLineDancing/>

MeWe: <https://mewe.com/p/TeamHolleyLineDancing/>

YouTube: <https://www.youtube.com/channel/UCTLzF7cjsl2k-gtAOdxPceA>