



KINDNESS TO ME



Choreographer : Marianne Langagne (Fr) 13.04.2023
Walls : 4 Walls
Counts : 32 Comptes – 3 Restarts
Level : Easy Improver
Music : Kindness – Tanya Tucker (184 BPM)
Intro : 16 Counts (Start on « Traveled » I Have Traveled)

Restarts : After 20 Counts, Walls 3 – 5 – 7

Séquences : 32 – 32 – 20R – 32 – 20R – 32 – 20R – 32 – 32 - 32

S 1 TOE - HEEL - CROSS, RUMBA BOX MODIFIED, MAMBO STEP

1&2 R Point next to LF (Knee in), R Heel Diagonally Fwd R, Cross RF over LF
3&4 LF to the L, Together, LF Fwd
5&6 RF to the R, Together, RF Fwd
7&8 Rock forward on L. Recover on to R. Step back on L

S 2 BACK, BACK, COASTER STEP, STEP 1 /2 TURN R, STEP ½ TURN R- STEP

1-2 RF Back, LF Back
3&4 RF Back, Together, RF Fwd
5-6 LF Fwd, ½ Turn R (weight on RF) **6:00**
7&8 LF Fwd, ½ Turn R – RF Fwd (weight on RF), LF Fwd **12:00**

S 3 SIDE, BEHIND- SIDE- CROSS & CROSS, SIDE ROCK, TRIPLE ¾ TURN R

1 RF to the R
2&3 Cross LF behind RF, RF to the R, Cross LF over RF
& 4 RF to the R, Cross LF over RF **Here Restarts: 3rd Wall (facing 6 00), 5th Wall (facing 9:00), 7th Wall (facing 3:00)**
5-6 RF to the R, Recover on LF
7&8 ¼ Turn R – RF to the R, ¼ Turn R- Together, ¼ Turn R – RF Fwd **9:00**

S 4 KICK BALL POINT & MAMBO STEP, ROCK BACK, STEP, ½ TURN L

1&2 Kick LF, L Ball next to RF, R Point to the R
& Together
3&4 Rock forward on L. Recover on to R. Step back on L
5-6 RF Back, Recover on LF
7-8 RF Fwd, ½ Turn L (weight on LF) **3:00**

Final : The dance ends count 32, Replace ½ Turn L by ¼ Turn L to finish at **12:00**

Moove , Dance & have Fun

Contact : eujienny_62@yahoo.fr

Site Web : www.mariannelangagne.fr