

# Too Hurt To Dance

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**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Roy Verdonk (NL) & Wil Bos (NL) - March 2011

**Music:** Too Hurt To Dance - Duffy

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## Intro:48 counts (Start on Main vocals)

### STEP FORWARD, TOUCH LEFT SIDE, HOLD STEP BACK, TOUCH R SIDE, HOLD

- 1 RF Step Forward
- 2 LF Touch Left
- 3 Hold
- 4 LF Step Back
- 5 RF Touch Right
- 6 Hold

### BASIC FORWARD WITH ½ TURN R, STEP BACK, TOUCH R SIDE, HOLD

- 7 RF Step forward
- 8 Make ½ Turn R, Step LF Back
- 9 RF Step Back
- 10 LF Step Back
- 11 RF Touch To Right Side
- 12 Hold

### STEP FORWARD, TOUCH LEFT SIDE, HOLD, STEP BACK, TOUCH R SIDE, HOLD

- 13 RF Step Forward
- 14 LF Touch Left
- 15 Hold
- 16 LF Step Back
- 17 RF Touch Right
- 18 Hold

### BASIC FORWARD WITH ½ TURN R STEP BACK, TOUCH R SIDE, HOLD

- 19 RF Step Forward
- 20 Make ½ Turn R, Step LF Back
- 21 RF Step Back
- 22 LF Step Back
- 23 RF Touch To Right Side
- 24 Hold

### WEAVE, SLIDE LEFT

- 25 RF Cross In Front Of LF
- 26 LF Step To Left Side
- 27 RF Cross Behind LF
- 28 LF Make A Big Step To Left Side
- 29 RF Drag Next To Left Foot
- 30 RF Touch Next To LF

### 1¼ TURNS RIGHT, STEP FORWARD, DRAG TOGETHER

- 31 Make ¼ turn R, RF Step Forward
- 32 Make ½ Turn R, LF Step Back
- 33 Make ½ Turn R, RF Step Forward
- 34 LF Make A Big Step Forward
- 35 RF Drag Next To LF
- 36 RF Touch Next To LF

### STEP BACK, DRAG TOGETHER, STEP FORWARD WITH SWEEP WITH ¼ TURN L

- 37 RF Step Back
- 38 LF Drag Next To RF
- 39 LF Touch Next To RF
- 40 LF Step Forward
- 41 Make ¼ Turn Left

42 Sweep RF From Back To Front

**TWINKE WITH ½ TURN R, TWINKLE WITH ¼ TURN L**

43 RF Cross In Front Of LF

44 Make ¼ Turn R, Step LF Back

45 Make ¼ Turn R, Step RF To Right Side

46 LF Cross In Front Of RF

47 Make ¼ Turn L, RF Step Back

48 LF Step To The Left Side

**Note:**

**There are two tags, after walls 2 and 6. Do the first 6 counts of the dance**

**There is a tag after wall 4. Do the first 6 counts of the dance twice.**

**Look for more information on [www.wbos.nl](http://www.wbos.nl) or [royverdonkdancers.com](http://royverdonkdancers.com)**