

Western Trainwreck

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Adam Åstmar (June 2016)

Music: Trainwreck by Martin Carlberg (~94 BPM)

Intro: 32 Counts

Sect – 1: STEP, SWIVEL, BALL, STEP, SWIVEL, BALL, HEEL SWITCHES, POINT, STOMP

1 & 2 & Step R slightly forward, swivel R heel to the right, swivel back in place, ball step R next to L
3 & 4 & Step L slightly forward, swivel L heel to the left, swivel back in place, ball step L next to R
5 & 6 & Touch R heel forward, ball step R next to L, touch L heel forward, ball step L next to R
7 & 8 Touch R heel forward, point R to the right, stomp R next to L but keep weight on L

Sect – 2: PIVOT 1 / 2 TURN, CROSS SAMBA, 1 / 4 TURN CHASSE, ROCK BACK WITH CLAPS

1 – 2 Step R forward, pivot 1 / 2 turn to the left
3 & 4 Cross R over L, rock L to the left, recover to R
5 & 6 Turn 1 / 4 to the right stepping L to the left, close R next to L, step L to the left
7 & 8 Rock back on R, clap twice at counts - & 8 - and recover to L at count - 8 -

*** Tag 2 comes here at wall 6 facing 6:00 ***

Sect – 3: LONG STEP, DRAG, WEAVE, TOUCH, PIVOT 1 / 4 TURN, CROSS

1 – 2 Long step R to the right, drag L next to R
3 & 4 & Step L behind R, step R to the right, cross L over R, step R to the right
5 – 6 Touch L next to R, step L forward
7 – 8 Pivot 1 / 4 turn to the right, cross L over R

Sect – 4: (LOCK-STEP WITH SNAP, SCUFF) X2, MAMBO TOGETHER, 1 / 4 TURN COASTER STEP, SCUFF

1 & 2 & Step R forward, lock step L behind R, step R forward and snap your fingers, scuff L forward
3 & 4 & Step L forward, lock step R behind L, step L forward and snap your fingers, scuff R forward
5 & 6 Rock R forward, recover to L, close R next to L
7 & 8 & Turn 1 / 4 to the right stepping back on L, close R next to L, step L forward, scuff R forward

*** Tag 1 comes here at wall 2 facing 6:00 ***

Tag 1:

ROCK FORWARD, RECOVER, COASTER STEP, EXTENDED SHUFFLE 1 / 2 TURN

1 – 2 Rock R forward, recover to L
3 & 4 Step back on R, close L next to R, step forward on R
5 – 8 Do an extended left shuffle while turning 1 / 2 to the right (12:00)

(Counts: 5 & 6 & 7 & 8)

Tag 2:

ROCK FORWARD, RECOVER, COASTER STEP, PADDLE 1 / 4, PADDLE 1 / 2 X2, STEP FORWARD

1 – 2 Rock R forward, recover to L
3 & 4 Step back on R, close L next to R, step forward on R
5 – 6 Turn 1 / 4 to the right pointing L to the left, turn 1 / 2 to the right pointing L to the left
7 – 8 Turn 1 / 2 to the right pointing L to the left, step L slightly forward

Have fun!

Special thanks to the Western Weekend 2016 event in Sweden for bringing the opportunity to choreograph to this song.

Also a special thanks to Lillemor Trell and Ola Isaksson for some step suggestions! :)