

# Body Cha

**Count:** 32

**Wall:** 4

**Level:** High Beginner Cha Cha

**Choreographer:** Niels Poulsen (Denmark)

**Music:** 'El Bodeguero' by Emmanuel, 128 bpm (Album: 'Los Macao Exitos De Oro Del Cha Cha')

**Intro: 64 counts from first beat in music, 31 seconds into track**

**(1 – 8) ¼ R, rock fw L, ½ shuffle L, rock fw R, ¼ R to R side, together**

1 – 3 Turn ¼ R stepping fw on R, rock fw on L, recover R 3:00  
4&5 Turn ¼ L stepping L to L side, bring R next to L, turn ¼ L stepping L fw 9:00  
6 – 7 Rock fw R, recover L 9:00  
8& Turn ¼ R stepping R to R side, bring L next to R (note: 8&1 is a triple step on the spot) 12:00

**(9 – 16) Weight change, step ½ turn R, step lock step, step ¼ L, cross R over L**

1 – 3 Change weight to R, step fw L, turn ½ R (weight R) 6:00  
4&5 Step L fw, lock R behind L, step fw L 6:00  
6 – 7 Step fw R, turn ¼ L recovering weight to L 3:00  
8 Cross R over L 3:00

**(17 – 24) Point, cross, point, cross, step back, hold, ¼ R fw R, step lock**

1 – 3 Point L to L side, cross L over R, point R to R side 3:00  
4 – 5 Cross R over L, step fairly long step back on L leaving R pointed fw 3:00  
6 – 7 Hold, turn ¼ R stepping fw on R 6:00  
8& Step fw on L, lock R behind L 6:00

**(25 – 32) Step fw L, rock fw R, ¼ R, cross point, hold, side L, touch together**

1 – 3 Step fw L, rock fw R, recover L 6:00  
4 – 5 Turn ¼ R stepping R to R side, cross point L over R 9:00  
6 – 7 Hold, step L to L side 9:00  
8 Touch R next to L 9:00

**BEGIN AGAIN!**

**Tag: After wall 6, facing 6:00, there's a 4 count break in the music. Do this: step R to R side bumping hips R, L, R, L. Then restart dance with your ¼ turn R.**

**Ending : After wall 10, facing 6:00, the music will stop. To end facing 12:00 do this:**