It's Good To Be Alive

Count: 32   **Wall:** 4   **Level:** Intermediate

Choreographer: Darren Mitchell - July 2017

Music: Good Time To Be Alive - Lady Antebellum. Album: Heartbreak.

(Intro: 16 counts)

FORWARD, FORWARD-BACK-1/2 TURN, ¾ TURN, BEHIND-SIDE-ACROSS, SIDE-BEHIND-ACROSS
1	Step R forward,
2&3	Step L forward, rock back onto right, turn 180 degrees left step L forward, (6:00)
4&5	Step R forward, turn 270 degrees left take weight onto left, step R to the side, (9:00)
6&7	Step L behind right, step R to the side, step L across in front of right,
8&1	Step R to the side, step L behind right, step R across in front of left.

SIDE SHUFFLE, ACROSS-BACK-BACK, ACROSS-BACK-BACK-TOUCH
2&3	Side shuffle to the left: L-R-L,
4&5	Step R across in front of left, step L back at 45 degrees left, step R back at 45 degrees right,
6&7	Step L across in front of right, step R back at 45 degrees right, step L back at 45 degrees left,
8	(*) Touch R together. (9:00)

TOGETHER, FORWARD, FORWARD-TOGETHER, PIVOT TURN, FORWARD, FORWARD-TOGETHER, FORWARD, TOUCH
&1,2	Step R together, step L forward, step R forward,
&	Step L together,
3,4	Pivot turn: step R forward, turn 180 degrees left take weight onto left, (3:00)
5,6	Step R forward, step L forward,
&7,8	(**) Step R together, step L forward, touch R together.

SIDE, ROCK-TOGETHER, SIDE, ROCK-TOGETHER, FORWARD, BACK, ½ TURN, FORWARD, TOUCH
1,2&	Step R to the side, side rock onto left, step R together,
3,4&	Step L to the side, side rock onto right, step L together,
5,6	Step R forward, rock back onto left,
&	Turn 180 degrees right step R forward,
7,8	Step L forward, touch R together. (9:00)

[32]   REPEAT

Restarts:-
Restart 1 On wall 3, dance to count 16 (*) then restart the dance again facing 3 0'clock.
Restart 2 On wall 6, dance to count 24 (**) then restart the dance again facing 12 0'clock
Restart 3 On wall 7, dance to count 16 (*) then: step R back, rock forward onto left and restart the dance again facing 9 0'clock