

You're Only Young Once

Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Micaela Svensson Erlandsson, September 2016

Music: You're Only Young Once by Derek Ryan

Intro: 32 counts.

Section 1: Side. Hold. Back Rock. Side. Hold. Back Rock.

1-4 Step right to right. Hold. Rock back on left. Recover onto right.

5-8 Step left to left. Hold. Rock back on right. Recover onto left.

Section 2: Step. Tap. Step. Hook. Lock Step. Scuff.

1-4 Step forward on right. Tap left in place. Step left in place. Hook right over left.

5-8 Step forward on right. Lock left behind right. Step forward on right. Scuff left.

Section 3: Rock Step. Toe strut Back X 2. Toe. Unwind ½ left.

1-4 Rock forward on left. Recover onto right. Touch left toes back. Drop heel to the floor.

5-8 Touch right toes back. Drop heel to the floor. Touch left toes back. Unwind ½ left.

Section 4: Modified Jazz Box. X 2 (Kick, Cross, Back, Side)

1-4 Kick right forward. Cross right over left. Step back on left. Step right to right side.

5-8 Kick left forward. Cross left over right. Step back on right. Step left to left side.

Tag: Heel Grind. Back Rock.

1-2 Take weight on your right heel and fan toes from left to right. Recover onto left.

3-4 Rock back on right. Recover onto left.

Tag after wall:-

1 (Facing 6 O'clock)

4 (Facing 12 O'clock)

10 (Facing 12 O'clock)

Last Update – 29th July 2017