

Absent Friends

Count: 32

Wall: 2

Level: Improver

Choreographer: Frank Heelan (IRL) November 2016

Music: Absent Friends by Mike Denver.

Sec 1: Rock recover, shuffle ½ turn, shuffle ½ turn, rock recover.

1-2 Rock forward right, recover to left.
3&4 Turn ¼ right, stepping right to right, left together, turn ¼ right stepping forward right.
5&6 Turn ¼ right stepping left to left, right together, turn ¼ right stepping back on left.
7-8 Rock back on right, recover to left (12.00)

Sec 2: ¼ chasse, ¼ chasse, 1/4 chasse, coaster step.

1&2 Turn ¼ left stepping right to right, left together, right to right.
3&4 Turn ¼ left stepping left to left, right together, left to left.
5&6 Turn ¼ left stepping right to right, left together, right to right.
7&8 Step back on left, right together, forward left. (3.00)

Sec 3: Step, lock step, step, lock step, step ½ turn, shuffle forward.

1-2& Step forward right, lock left behind, forward right.
3&4 Step forward left, lock right behind, forward left.
5-6 Step forward right, pivot ½ left.
7&8 Step forward right, left together, forward right. (9.00)

Sec 4: Rock recover, coaster cross, side rock recover turn ¼, turn, turn.

1-2 Rock forward left, recover to right.
3&4 Rock back left, right together, cross left over right.
5-6 Rock right to right, recover ¼ turn left stepping forward on left.
7-8 Turn ½ left stepping back right, turn ½ left stepping forward left.

This dance is dedicated to all the dancers we have lost over the years. We still hold fond memories of them all in our hearts.

To our absent friends.

Contact: heelanjohnl@gmail.com