

# Stitches

**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Ann-kristin Sandberg (Norway) March-2015

**Music:** Stitches By Shawn Mendes (3,27) iTunes

**Start dancing 1 count before vocal begin.**

**S1: ROCK RECOVER-BACK-BESIDE-FORW RECOVER-SIDE RECOVER**

1-2            Step Right forw, Recover onto Left  
3-4            Step Right back, Step Left next to Right  
5-6            Step Right forw, Recover onto Left  
7-8            Step Right to Right side, Recover onto Left

**S2: CROSS-SIDE-CROSS-HITCH-1/4 TURN R-STEP-BESIDE-STEP-HOLD**

1-2            Cross Right over Left, Step Left to Left side  
3-4            Cross Right over Left, Hitch Left knee  
5-6            ¼ turn Right stepping Left forw, Step Right next to Left (03)  
7-8            Step Left forw, Hold

**S3: FORW RECOVER-BACK RECOVER-STEP-PIVOT ½ TURN L-STEP-HOLD**

1-2            Step Right forw, Recover onto Left  
3-4            Step Right back, Recover onto Left  
5-6            Step Right forw, Pivot ½ turn Left (09)  
7-8            Step Right forw, Hold

**S4: ½ TURN R-1/4 TURN R-STEP-HOLD-FORW RECOVER-BACK RECOVER**

1-2            ½ turn Right stepping Left back, ¼ turn Right stepping Right to Right side (06)  
3-4            Step Left forw, Hold  
5-6            Step Right forw, Recover onto Left  
7-8            Step Right back, Recover onto Left

**S5: RUN 3 STEPS FORW-HITCH-RUN 3 STEPS BACK-HOLD**

1-2            Step Right forw, Step Left forw  
3-4            Step Right forw, Hitch Left knee  
5-6            Step Left back, Step Right back  
7-8            Step Left back, Hold

**S6: SIDE RECOVER-SIDE STEP WITH ¼ TURN LEFT-RECOVER-FORW RECOVER-BACK RECOVER**

1-2            Step Right to Right side, Recover onto Left  
3-4            ¼ turn Left stepping Right to Right side, Recover onto Left (03)  
5-6            Step right forw, Recover onto Left  
7-8            Step Right back, Recover onto Left

**S7: SIDE-BEHIND-SIDE-CROSS-SIDE-HOLD-BACK-RECOVER**

1-2            Step Right to Right side, Cross Left behind Right  
3-4            Step Right to Right side, Cross Left over Right  
5-6            Step Right to Right side (long step), Hold  
7-8            Step Left back, Recover onto Right

**S8: SIDE-BEHIND-SIDE-CROSS-SIDE-HOLD-BACK-RECOVER**

1-2            Step Left to Left side, Cross Right behind Left  
3-4            Step Left to Left side, Cross Right over Left  
5-6            Step Left to Left side, Hold  
7-8            Step Right back, Recover onto Left

**RESTARTS:-**

**Wall 2 : Dance first 32 counts & Restart facing 09.**

**Wall 6 : Dance first 32 counts & Restart facing 09.**

**TAG 16 Counts: After wall 8 facing 12:**

1-2            Step right forw, Hold  
3-4            Step left forw, Hold  
5-6            Step right forw, Pivot ½ turn L (06)

7-8 Step right forw, Hold  
1-2 Step left forw, Hold  
3-4 Step right forw, Hold  
5-6 Step left forw, Pivot ½ turn right (12)  
7-8 Step left forw, Hold

**ENJOY!**