



DATE A FRIEND

Choreographer : Marianne Langagne (Fr) (02.11.2021)
Walls : 4 Walls
Counts : 36 Counts – 2 Restarts – 1 Bridge (4 Counts)
Level : Improver
Music : Date A Friend by Lydia Sutherland
Intro : 16 Counts
Final : The dance ends at count 25 “STEP”, make Touch LF behind RF

BRIDGE : OUT R, HOLD, OUT L, HOLD (Place one hand then the other on the heart)

1-2-3-4 RF to the R, Hold, LF to the L, Hold (weight on LF)

1 - 8 TRIPLE BACK R - L, ROCK BACK , KICK, STEP FWD, TOUCH

1&2 RF Back, Together, RF Back
3&4 LF Back, Together, LF Back
5 – 6 RF Back, Recover on LF
7&8 Kick RF, RF Fwd, Touch L next to RF

9-16 & OUT OUT FWD, STEP, TRIPLE FWD, STEP ½ TURN R, LARGE SIDE L. ON ¼ TURN R., DRAG

&1-2 LF Diagonally Fwd, RF Diagonally Fwd, LF Fwd (Weight on LF)
3&4 RF Fwd, Together, RF Fwd
5-6 LF Fwd, ½ Turn R (6:00)
7-8 ¼ Turn R – Large Step LF to the L (9:00), Slide R next to LF (Weight on LF)
- **HERE RESTART 3rd Wall (Facing 3:00)**

17-24 WIZZARD STEP (R - L) & POINT FWD, POINT R TO R, STEP FWD ½ TURN L

1-2 & RF Diagonally Fwd R, Cross LF Behind RF, RF to the R.
3-4 & LF Diagonally Fwd L, Cross RF behind LF, LF to the L.
5-6 R Point Fwd, R Point to the R
7-8 RF Fwd, ½ Turn L (weight on LF) (3:00)
- **HERE RESTART 4th Wall (Facing 6:00)**

25-32 & ROCK STEP, COASTER STEP, STEP, LOCK/HOOK, TRIPLE FWD

&1-2 Recover on RF, LF Fwd, Recover on RF
3&4 LF Back, Together, LF Fwd - **HERE BRIDGE 6th Wall (facing 12:00) & Continue the dance**
5-6 RF Fwd, LF blocks behind RF/Hook R in front of L Leg
7&8 RF Fwd, Together, RF Fwd

33-36 STEP ½ TURN R., BACK TRIPLE ON ½ TURN R

1-2 LF Fwd, ½ Turn R (weight on RF) (9:00)
3&4 LF Back on ½ Turn R (3:00), Together, LF Back

ENJOY !!!

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