



Into The Mountains.

Name of Dance: Into The Mountains.

Choreographed by: **Sebastiaan Holtland, Netherlands.**

Song: **Mountain** (Track on iTunes & other mp3 sites) (approx 2:57 mins).

Music: **Jonathan Jeremiah** (New Single 2018)

Dance Edit, email: smoothdancer79@hotmail.com

Website: www.dancewithsebastiaan.jouwweb.nl

Published: September 2018; Improver level line dance with one easy tag of 2 counts after 16 counts, 4 Wall; 32 counts, Introduction: 16 counts, start on approx 13 sec.

Part 1.

1-8 Step R Fwd with Touch Behind, Replace, Step L Fwd with Touch Behind, Back with Sweep L, Weave R, Recover with ¼ Turn L, Runs Fwd L, R, L.

1&2& Step R fwd (1), Touch L behind R (&), Step L back in place (2), Step R beside L (&).

3&4 Step L fwd (3), Touch R behind L (&), Step R back and sweep L from front to back (4).

5&6 Step L behind R (5), Step R to R (&), Step L across R (6).

7&8& Recover back onto R with ¼ turn L (**9.00**) (7), Stepping L fwd (&), Stepping R fwd (8), Stepping L fwd (&).

PART 2.

9-16 Basic Nightclub R with ¼ Turn L, Step L Fwd with Heel Flick R, Step R Fwd with Heel Flick L, Step R Fwd with Heel Flick L, Replace, Coaster Step L.

1,2& Make ¼ turn L (**6.00**) step R to R drag L (1), Step L beside R (2), Step R across L (&).

3&4& Make ¼ turn L (**3.00**) step L fwd (3), Flick R heel up (&), Step R fwd (4), Flick L heel up (&).

5&6 Step L fwd (5), Flick R heel up (&), Step R back in place (6).

7&8 Step L back (7), Step R beside L, Step L fwd (8).

(NB: Tag here in WALL 5 after 16 counts, after start again (facing 3 o'clock).

PART 3.

17-24 Syncopated Heel Grind R Replace with Knee Pop R Fwd, Together, Syncopated Points L, R, Knee Lift R, Slide to R, Hold, & Cross, Step L Fwd with ¼ Turn L.

1&2& Grinding R heel forward (1), Step R back in place (&), Recover back onto L and pop R knee fwd (2), Step R beside L (&).

3&4& Point L out to L (3), Step L beside R (&), Point R out to R (4), Lift R knee up (&).

5,6 Step R big to R and slide L towards R (5), Hold (6).

&7,8 Step L beside R (&), Step R across L (7), Make ¼ turn L (**12.00**) step L fwd (8).

PART 4.

25-32 ¼ Diamond to R with Sweep L, Syncopated Hip Bumps R, L, R, L Side Together Fwd.

1&2 Step R across L (1), Make 1/8 turn R (**1.30**) step L to L (&), Step R back and sweep L from front to back (2).

3&4 Step L behind R (3), Make 1/8 turn R (**3.00**) step R to R (&), Step L fwd (4).

5&6 Step R to R and bump R hip to R (5), Bump L hip to L (&), Bump R hip to R (6).

7&8 Step L to L (7), Step R beside L (&), Step L fwd (8).

TAG:

1-2 Hip Bumps R, L.

1,2 Step R to R bump R hip to R (1), Bump L hip to L (2).

REPEAT DANCE AND HAVE FUN!!