

Disconova

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Sobrielo Philip Gene (SG), Rebecca Lee (MY), Laura Bartolomei (FR), Jacelyn Ang (SG), Alison Johnstone (AUS), Aprillia Munarwati (INA), Tomohiro Iizuka (JP), Lily Iguchi (JP), David Hoyn (AUS) & Yeo Yu Puay (MY) - July 2023

Music: Supernova - Kylie Minogue

INTRO : 16 beats

[1-8] FORWARD, FORWARD MAMBO, POINT, ROLLING VINE SCFF

1 Step RF forward(1)
2&3 Rock LF forward(2), recover weight onto RF(&), step LF beside RF(3)
4 Point RF to right(4) (Preparing to turn right)
5-6 Turning ¼ right, step RF forward (5), turning ½ right, step LF back(6)
7-8 Turning ¼ right, step RF to right(7), scuff LF(8) (12:00)

[9-16] CROSS ROCK, BALL CROSS, SIDE, DIAGONAL FORWARD SHUFFLES WITH ROLLING HANDS X2

1-2 Cross rock LF over RF(1), recover weight onto RF(2)
&3-4 Step ball of LF beside RF(&), cross RF over LF(3), step LF to left(4)
5&6 Step RF forward to right diagonal(5), step LF beside RF(&), step RF forward to left diagonal(6)
7&8 Step LF forward to left diagonal(7), step RF beside LF(&), step LF forward to left diagonal(8)
(Roll hands on 5&6, 7&8)

[17-24] CROSS ROCK, SIDE ROCK, R SAILOR, L SAILOR ¼ L

1-2 Cross rock RF over LF(1), recover weight onto LF(2)
3-4 Rock RF to right(3), recover weight onto LF(4)
5&6 Step RF behind LF(5), step LF to left(&), step RF to right(6)
7&8 Step LF behind RF(7), turning ¼ left, step RF to right(7), step LF forward(8) (9.00)

[25-32] FORWARD, PIVOT ½ L, SHUFFLE FORWARD, V STEP WITH TOUCH

1,2 Step RF forward(1), pivot ½ left shifting weight to LF(2) (3.00)
3&4 Step R forward(3), step LF beside RF(&), step RF forward(4)
5,6 Step LF forward out to diagonal(5), Step RF forward out to diagonal(6)
7,8 Step LF back to centre(7), touch R toe next to LF(8)

[33-40] SIDE, HOLD, CLOSE, SIDE, CLOSE, POINT CLOSE R&L, CROSS, ½ TURN L

1,2& Step RF to right(1) , hold(2) (you can do a body roll), step LF beside RF(&),
3,4 Step RF to right(3), step LF beside RF(4)
5&6& Point RF to right(5), step RF beside LF(&), point LF to left(6), step LF beside RF(&)
7,8 Cross RF over LF(7), unwind ½ turn left, ending with weight on LF(8) (9.00)

[41-48] FORWARD, HOLD, LOCK, FORWARD, CLOSE, POINT CLOSE R&L, POINT, ¼ TURN R HOOK

1,2& Step RF forward(1), hold(2), lock LF behind RF(&),
3,4 Step RF forward(3), step LF beside RF(4)
5&6& Point RF to right(5), step RF beside LF(&), point LF to left(6), step LF beside RF(&)
7,8 Point RF to right(7), turning ¼ right, hook RF across L shin(8) (weight on LF)(12:00)

[49-56] FORWARD, TOUCH, BACK, KICK, OUT, OUT, HIP BUMPS R,L, R,L,R

1,2& Step RF forward(1), touch LF behind RF(2), step LF back(&)
3&4 Kick RF forward(3), step RF out to right(&), step LF out to left(4),
5,6 Bump hips right(5), bump hips left(6)
7&8 Bump hips right(7), left(&), right(8)

[57-64] CROSS POINT, R SAILOR ¼ R, FORWARD ROCK, TURNING SHUFFLE ¾ L

1,2 Cross LF over RF(1), point RF to right(2)
3&4 Step RF behind LF(3), turning ¼ right, step LF to left(&), Step RF to right(4) (3.00)
5,6 Rock LF forward(5), recover weight onto RF(6)
7&8 Turning ½ left step LF forward(7), turning ¼ left, step RF slightly to right(&), step LF slightly forward(8) (6.00)

Start again.... No tags, no restarts.

Enjoy the dance!! :)

Contact :

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