

Rockin' Pneumonia

32 Count : 4 Wall

Level : Improver

Choreographer : Heather Gronow (UK) (Feb 2023)

Music : Rockin' Pneumonia - Ronnie McDowell

Intro : 32 Count

Sec 1: Side Behind & Heel & Heel & Point & Point & Heel & Heel

1 2 &3&4 : Step R to right side, step L behind, Step R to side, touch L heel forward, step L in place and touch R heel forward. right

&5&6 : Step R in place, point L to left side, step L in place, point R to side. right

&7&8& Step R in place ,touch L heel fwd, step L in place, touch R heel fwd. Step R in place

Sec 2 : Dorothy steps Left and Right , Step pivot ½, Step pivot 1/4

1 2 &: Step L forward, lock R behind L, Step L fwd (moving slightly left)

3 4 &: Step R fwd, lock L behind R, Step R fwd (moving slightly right)

5 6 : Step fwd on L, pivot ½ turn to right (weight on R)

7 8 : Step fwd on L, Pivot ¼ turn to right (weight on R)

Sec 3 : Cross Side Sailor Heel and Cross Side Behind Side Cross

1 2 3&4 : Cross L over R, Step R to right side, step L behind, step R together and touch L heel fwd

&5 6 7&8 : Step L in place, Cross R over left, step L to side, step R behind left, step L to side, cross R over left

Sec 4 : Side rock, recover, Behind Side Cross, Weave

1 2 3&4 : Rock L to left side, recover on R, Step L behind right, Step R to side, Cross L over Right

5 6 7 8 : Step R to side, Step L behind, Step R to side, Cross L over right

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