

Happiness

Count: 64

Wall: 3

Level: High Beginner

Choreographer: Suzi Beau (ENG) & Mathew Sinyard (UK) - November 2020

Music: Happiness - McFly

Music Availability: Available on iTunes, Google Play and Amazon.

Sequence: Repeating

Restart: Wall 2 & 5

SECTION 1 : SIDE TOGETHER SHUFFLE X2

1 - 2 Step Right to Right Side, Close Left to Right
3 &4 Shuffle forward stepping Right, Left, Right
5-6 Step Left to Left Side, Close Right to Left
7&8 Shuffle forward stepping Left, Right, Left

SECTION 2: FORWARD ROCK SHUFFLE 1/2 SHUFFLE 1/2 BACK ROCK

1-2 Rock forward on Right, Recover on Left
3&4 Shuffle ½ turn Right Stepping Right, Left, Right
5&6 Shuffle ½ turn right Stepping Left, Right, Left
7-8 Rock back on Right, Recover on Left

Restart here on wall 5

SECTION 3: PIVOT 1/4 WEAVE, CROSS ROCK

1-2 Step forward on Right, Pivot ¼ Left (9:00)
3-4 Cross Right over Left, Step Left to Left Side
5-6 Step Right behind Left, Step Left to Left Side
7-8 Cross Rock Right over Left, Recover on Left

SECTION 4: CHASSE, BACK ROCK, WALK ROUND TOUCH

1 &2 Step right to Right Side, Close Left To Right, Step right to Right Side
3 -4 Rock back on Left, Recover on Right
5-6 Walk ½ Turn Left in an arc stepping Left , Right
7-8 Step forward on L, Touch Right by Left (3:00)

Restart here on Wall 2 facing 12:00

SECTION 5 : SIDE , HOLD, BALL SIDE TOUCH, VINE

1-2 Step Right to Right Side, Hold
&3-4 Close Left to Right, Step Right to Right Side, Touch Left by Right
5-6 Step Left to Left Side, Step Right behind Left
7-8 Step Left to Left Side, Touch Right by Left

SECTION 6 SIDE, HOLD, BALL SIDE TOUCH, ROLLING VINE

1-2 Step Right to Right Side, Hold
&3-4 Close Left to Right, Step Right to Right Side, Touch Left by Right
5-6 Turn ¼ Left Stepping Left forward, Turn ½ Left Stepping back Right
7-8 Turn ¼ Left Stepping Left to Left Side, Touch Right by Left

SECTION 7: MONTEREY 1/4 X 2

1-2 Point Right to Right Side, Turn ¼ Right, Close Right to Left
3-4 Point Left to Left Side, Close Left to Right
5-6 Point Right to Right Side, Turn ¼ Right, Close Right to Left
7-8 Point Left to Left Side, Close Left to Right (9:00)

SECTION 8 JAZZBOX , V STEP

1-2 Cross Right over Left, Step back on Left
3-4 Step Right to Right Side, Step Forward Left
5-6 Step Right out to Right Diagonal, Step Left out to Left diagonal
7-8 Step Right Back, Close Left to Right

Dance Choreographed for the dancers at The Smile Weekend at Torquay

