



# Get Ready For It

(May 2023)

[contact@adamastmar.se](mailto:contact@adamastmar.se) – Sweden

**Information:** 32 Counts, 4 wall, Easy Intermediate Novelty.  
**Choreographers:** Adam Åstmar (SE), Jonas Dahlgren (SE).  
**Music:** "Ready For It" by J.Pollock & Manwell (2:21) ~ 140 bpm.  
**Intro:** 16 counts from first clear beat, approx. 8 seconds.

**Important Info:** Restarts after section 2 on wall 2 facing 6'00, wall 4 facing 12'00 and wall 6 facing 6'00.

Section	Steps & Explanations	End Facing
<b>1</b>	<b>Point Switches. Heel Switches. Stomp Fwd. Hold. Ball. Step. Touch.</b>	
1 & 2 &	Point to R with RF (1). Ball step RF next to LF (&). Point to L with LF (2). Ball step LF next to RF (&).	12'00
3 & 4 &	Touch R heel forward (3). Ball step RF next to LF (&). Touch L heel forward (4). Ball step LF next to RF (&).	12'00
5 – 6 &	Stomp forward on RF (5). Hold (6). Ball step LF next to RF (&).	12'00
7 – 8	Step forward on RF (7). Touch LF slightly behind RF (8).	12'00
<b>2</b>	<b>Diagonal Back L. Touch. Diagonal Back R. Touch. 1 ¼ Rolling Vine L into Shuffle.</b>	
1 – 2	Step diagonally back to L on LF (1). Touch RF next to LF (2).	12'00
3 – 4	Step diagonally back to R on RF (3). Touch LF next to RF (4).	12'00
5 – 6	Turn ¼ L stepping forward on LF (5). Turn ½ L stepping back on RF (6).	3'00
7 & 8	Turn ¼ L stepping to L on LF (7). Close RF next to LF (&). Turn ¼ L stepping forward on LF (8).	9'00
<b>Note!</b>	<b>Restarts occur here on wall 2 facing 6'00, wall 4 facing 12'00 and wall 6 facing 6'00.</b>	
<b>3</b>	<b>Stomp Fwd. Hold. 2X Bounce Heels 1/8 L. Side. Cross. L Chasse.</b>	
1 – 2	Stomp forward on RF (1). Hold (2).	9'00
& 3 & 4	Lift both heels (&). Turn 1/8 L lowering heels (3). Lift both heels (&). Turn 1/8 L lowering heels, weight on RF (4).	6'00
5 – 6	Step to L on LF (5). Cross RF over LF (6).	6'00
7 & 8	Step to L on LF (7). Close RF next to LF (&). Step to L on LF (8).	6'00
<b>4</b>	<b>Point Cross. Point Side. Dip. Hitch Across. Point Side. ¼ L. Step ½ Turn L.</b>	
1 – 2	Point RF across LF (1). Point to R with RF (2).	6'00
3 – 4	Bend knees, placing weight on RF (3). Hitch L knee across RF (4).	6'00
5 – 6	Point to L with LF (5). Turn ¼ L stepping down on LF (6).	3'00
7 – 8	Step forward on RF (7). Turn ½ L placing weight on LF (8).	9'00
<b>Ending</b>	<b>Turn ¼ L stepping to R on RF</b>	

Please do not change anything in this stepsheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

Copyright © 2023 – Adam Åstmar. All rights reserved.