

# FAST FORWARD

Count: 32

Wall: 4

Level:

Choreographer: Darren Mitchell

Music: **Living In Fast Forward** by Kenny Chesney

## **HEEL & HEEL & HEEL, HEEL, & HEEL & HEEL & HEEL, HEEL**

1&2 Touch right heel forward, step right together, touch left heel forward  
&3-4 Step left together, touch right heel forward, touch right heel forward  
&5&6 Step right together, touch left heel forward, step left together, touch right heel forward  
&7-8 Step right together, touch left heel forward, touch left heel forward

## **SIDE SHUFFLE, BACK, ROCK FORWARD, SIDE SHUFFLE, BACK, ROCK FORWARD**

1&2 Side shuffle to the left: left-right-left  
3-4 Step right back, rock forward onto left  
5&6 Side shuffle to the right: right-left-right  
7-8 Step left back, rock forward onto right

## **½ TURN SHUFFLE, BACK, ROCK FORWARD, SHUFFLE FORWARD, COASTER FORWARD**

1&2 Turn ½ turn right shuffle back: left-right-left  
3-4 Step right back, rock forward onto left  
5&6 Shuffle forward: right-left-right  
7&8 Coaster forward: step left forward, step right together, step left back

## **BACK, BACK, ¼ TURN SHUFFLE FORWARD, HIP, HIP, HIP, TOUCH**

1-2 Step right back, step left back  
3&4 Turn ¼ turn right shuffle forward: right-left-right  
5-6 Step left to the side pushing hips left, push hips right  
7-8 Push hips left, touch right together

## **REPEAT**

## **TAG**

**At the end of walls 2 (6:00) & 5 (9:00) add the following 4 counts**

1-2 **Step right forward at 45 degrees, touch left together & clap**  
3-4 Step left back at 45 degrees, touch right together & clap