

Loca Contigo

Choreographer: Nathan Gardiner (Scotland) April 2019

Level: Intermediate

Wall: 2

Count: 32

Music: Wild by Jonas Blue feat. Chelcee Grimes, TINI, Jhay Cortez

Intro: 16 counts start dance on vocals

Side Rock, Sailor Step, Behind Side Cross, Side R, Sailor $\frac{1}{4}$ L with Knee Pop

1-2 Rock out to R side, Recover on L

3&4 Step R behind L, Step L to L side, Step R to R side

&5-6 Step L behind R, Step R to R side, Cross L over R

7 Step R to R side

8&1 Step L behind R, $\frac{1}{4}$ L stepping R next to L, Step forward on L popping R knee forward

Step Forward, L Lock Step, Rock Forward, Recover, 1 $\frac{1}{2}$ R

2 Step forward on R

3&4 Step forward on L, Lock R behind L, Step forward on L

5-6 Rock forward on R, Recover on L

7&8 $\frac{1}{2}$ R stepping forward on R, $\frac{1}{2}$ R stepping back on L, $\frac{1}{2}$ R stepping forward on R

Easier Option Counts 7&8: Shuffle $\frac{1}{2}$ R

Rock Forward, Recover with Sweep, Step Back with Sweep, Behind, Side L, Sway R, L, R, L

1-2 Rock forward on L, Recover on R sweeping L from front to back

3-4& Step back on L sweeping R from front to back, Step R slightly behind L, Step L to L side

5-6 Step R to R side swaying hips to R side, Sway hips to L side

7-8 Sway hips to R side, Sway hips to L side

Option Counts 5-8: Roll hips Anti-clockwise

Together, Side Rock, Recover, Together, Step Heel Twist, Rock
Forward, Recover, Shuffle $\frac{3}{4}$ L
&1-2 Step R next to L, Rock out to L side, Recover on R
&3&4 Step L next to R, Step forward on R, Twist both heels R, Twist both heels
to centre
5-6 Rock forward on L, Recover on R
7&8 Shuffle $\frac{3}{4}$ L stepping L, R, L

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