

Take a Sip

Count: 32

Wall: 4

Level: Beginner

Choreographer: Maryse Fourmage (FR) & Angéline Fourmage (FR) - 18 March 2022

Music: Take a Sip - Naâman

Start : 32 Count (28 s. approximately, On the lyrics)

No Tag – No Restart

[1-8] Wakx3, Touch, Mambo L, Mambo R

1-2-3-4 RF FW, LF FW, RF FW, Touch LF next to RF
5&6 Mambo L (LF to the L side, Recover to RF, LF next to RF)
7&8 Mambo R (RF to the R side, Recover to LF, RF next to LF)

[9-16] Backx3, Touch, FW, Touch, Back, Heel

1-2 LF Back, RF Back
3-4 LF Back, Touch RF next to LF
5-6 RF FW, Touch LF behind RF (Option with shimmy)
7-8 LF Back, Touch R heel FW (Option with Shimmy)

[17-24] Jazz-Box with Toe-strut ¼ R

1-4 Cross R Toe over L, Drop R Heel, Turn 1/4 R Step back on L Toe, Drop L Heel
5-8 Step R Toe to R side, Drop R Heel, Step L Toe fw, Drop L Heel

[25-32] V-Step, Step ¼R, Touch, Step ¼L, Touch

1-2 RF FW on R Diagonal, LF FW on L Diagonal
3-4 RF Back on R Diagonal, LF next to RF
5-6 Make ¼R with RF FW, Touch LF next to RF
7-8 Make ¼L with LF to the L side, Touch RF next to LF

Smile et enjoy the dance

Contact : maellynedance@gmail.com