

# Jet Lag Journey

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**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Sandra Schuler (CH) - December 2022

**Music:** Jet Lag Journey - The Bellamy Brothers & Gölä : (Album: Mermaid Cowgirl)

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## Starts after 16 counts

### **Kick forward, Kick diagonal, Coaster Step, ½-TripleTurn r, Back Rock**

1, 2            Kick RF forward, Kick RF diagonal right  
3&4            step RF backward, put LF next to RF, step RF forward  
5&6            turn 1/4 right stepping LF to left side, put RF next to LF, 1/4 right turn stepping LF backward (6)  
7, 8            step RF backward, recover weight on LF

### **Kick-Ball-Step, Shuffle forward, ½-StepTurn r, ¼-Turn r/Side, Hitch**

1&2            Kick RF forward, put RF next to LF, step LF forward  
3&4            step RF forward, put LF next to RF, step RF forward  
5, 6            step LF forward, turn ½-right on both feet (weight at the end on RF) (12)  
7, 8            turn ¼ right stepping LF to left side, raise RKnee diagonally to LKnee (3)

### **Chassé, Back Rock (r + l)**

1                +2 step RF to right side, put LF next to RF, step RF to right side  
3, 4            step LF backward, recover weight on RF  
5&6            step LF to left side, put RF next to LF, step LF to left side  
7, 8            step RF backward, recover weight on LF

### **1/2-MontereyTurn r, Skate (r-l-r-l)**

1, 2            point RToe to right side, turn ½ right stepping RF next to LF (9)  
3, 4            point LToe to left side, step LF next to RF  
5, 6            skate RF forward, skate LF forward  
7, 8            skate RF forward, skate LF forward

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