

We Gotta Hold On

Count: 64

Wall: 4

Level: Easy Intermediate

Choreographer: Lesley Kidd (UK) & Hayley Goy (UK) - September 2023

Music: Hold On - Trey Connor

Introduction 32 counts from start of vocals

SECTION 1 Stomp, hold, ½ turn, shuffle forwards, full turn

1-2 Stomp R forward, hold
3-4 Step forward L, turn ½ R
5&6 Step forward L, step R beside L, Step forward L
7-8 Turn ½ L, stepping R back, turn ½ L stepping L forward (6:00)

SECTION 2 Stomp, hold, rock forward, recover, ¼ turn shuffle, cross, side

1-2 Stomp R forward, hold
3-4 Rock forward L, recover onto R
5&6 Turn ¼ L, stepping L to L side, step R beside L, Step L to L side
7-8 Step R across L, step L to L side (3:00)

SECTION 3 Behind, sweep, behind, ¼ turn, ¼ turn, hold, back rock, recover

1-2 Step R behind L, sweep L from front to back
3-4 Step L behind R, Step ¼ R
5-6 Step ¼ R, stepping L to L side, hold
7-8 Rock back R, recover onto L (9:00)

SECTION 4 Side shuffle, ¼ shuffle, ¼ shuffle, ¼ shuffle

1&2 Step R to R side, step L beside R, step R to R side
3&4 Turn ¼ L stepping L to L side, step R beside L, step L to L side
5&6 Turn ¼ L stepping R to R side, step L beside R, Step R to R side
7&8 Turn ¼ L stepping L to L side, step R beside L, step L to L side (12:00)

Restart here on wall 4

SECTION 5 Step, sweep, step, sweep, forward rock, recover, side rock, recover

1-2 Step forward R, sweep L from back to front
3-4 Step forward L, sweep R from back to front
5-6 Rock forward R, recover onto L
7-8 Rock R to R side, recover onto L (12:00)

SECTION 6 Back, sweep, back, sweep, back rock, recover, side rock recover

1-2 Step back R, sweep L from front to back
3-4 Step back L, sweep R from front to back
5-6 Rock back R, recover onto L
7-8 Rock R to R side, recover onto L (12:00)

SECTION 7 Cross shuffle, ½ hinge turn, cross rock, side shuffle

1&2 Step R across L, step L to L side, step R across L
3-4 Turn ¼ R, stepping back on L, turn ¼ R stepping R to R side
5-6 Rock L across R, recover onto R
7&8 Step L to L side, step R beside L, step L to L side (6:00)

SECTION 8 Weave with ¼ turn, ½ turn, 2x walks

1-2 Step R across L, step L to L side
3-4 Step R behind L, turn ¼ L stepping L forward
5-6 Step R forward, turn ½ L, weight onto L
7-8 Step R forward, step L forward (9:00)

RESTART: There is one restart which happens on wall 4, at the end of section 4

ENDING: The dance finishes at the end of wall 8.

Replace the two walks at the end of the dance with a ½ pivot turn left, to bring you back to 12:00, step forward R and “ta-dah!”

