

# **EAT, SLEEP, LOVE, REPEAT**

**32 Count, 4 Wall, High Beginner Level Line dance.**

**Music: Eat, Sleep, Love You, Repeat by Rodney Atkins Available on itunes.**

**Choreographed by 'Diddy' Dave Morgan (September 2017)**

## **Section 1**

### **SIDE TOGETHER, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN**

- 1,2** Step left to left side. Step right beside left.
- 3&4** Step left forward, Step right beside left, Step left forward. (Shuffle)
- 5,6** Rock forward on right. Recover on left.
- 7&8** Making ¼ turn right. Step right to right side. Step left beside right.  
Step right to right side. (Chasse) Facing 3 O'Clock.

## **Section 2**

### **ROCK RECOVER, COASTER STEP. ROCK RECOVER, COASTER STEP**

- 9,10** Rock forward on left. Recover on right.
- 11&12** Step back on left. Step right beside left. Step left forward.
- 13,14** Rock forward on right. Recover on left.
- 15&16** Step back on right. Step left beside right. Step right forward.

## **Section 3**

### **Pivot 1/8<sup>th</sup>, Pivot 1/8<sup>th</sup>, WEAVE & POINT**

- 17,18** Step forward on left. Pivot 1/8<sup>th</sup> turn right.
- 19,20** Step forward on left. Pivot 1/8<sup>th</sup> turn right. (facing 6 O'Clock)
- 21,22** Step left across right. Step right to right side.
- 23,24** Step left behind right. Point right to right side.

## **Section 4**

### **WEAVE & POINT, JAZZ BOX ¼ TURN**

- 25,26** Step right across left. Step left to left side.
- 27,28** Step right behind left. Point left to left side.
- 29,30** Step left across right. Making ¼ turn left, Step back on right.
- 31,32** Step left to left side. Step right beside left.

## **NOTES**

**There is 1 restart on wall 3.**

**Dance the first 16 counts and restart the dance. (Rock, Recover, Coaster)**

**You will be facing 9 O'Clock Wall.**