



- 1) **Where do you live?**  
St. Albans, Hertfordshire (20mins train from London) with my 3-year-old Shih Tzu Xena
- 2) **When did you start dancing and how did that happen?**  
My Mum Started first and almost dragged myself and Dad along, it didn't take long until we were hooked and one night extended into 7 nights a week VERY quickly! This was I guess coming up to 25 years ago.... wow!
- 3) **What is the first dance you ever learnt?**  
I am sure an Electric Slide or similar, but I do remember learning Rock-it and thought I could take over the world!! I seemed to pick up faster dances better than the slow stuff! I was a lot younger then - haha
- 4) **Where is the most unusual place you have ever line danced?**  
I have danced in a car park in Sweden with some of the Burn Valley Dancers, I started the workshop there as our transport was delayed! We have danced at various Celebrations of Life, on boats, on trucks, in fields - pretty much anywhere there is music!
- 5) **Does anyone else in your family have the line dancing bug? If so, who?**  
My Mum (Kathy) and Dad (Tony) and I run the Peace-Train Linedance Club, we have just celebrated our 21st year. In the beginning... Dad was DJ, I was Instructor and Dancer (never off the floor) and Mum was the Talker! (as I was still quite Shy back then!) Kathy is also a qualified LD teacher and used to run an AB course. Now I can be found, chatting, Dj'ing, hosting, instructing and choregraphing. Tony still DJ's at class and Kathy is still a Talker!

- 6) **What made you decide to choreograph, and what was your first dance?**  
It was Mum that really nudged me into the direction of Choreography, my first was 'Full House a.k.a The Gambler' to The Gambler by Kenny Rogers, still danced all these years on in a lot of places!
- 7) **What does line dance mean to you?**  
Line dance is my world, I love the social aspect as well as the health benefits and really couldn't be without it. I believe this hobby is the best in the world and has magic powers! If you have a bad day, or start to get unwell - go dancing... you feel so much better!
- 8) **Describe yourself in 1 sentence.**  
I am an energetic, fun, smiley person that just wants to dance!
- 9) **What does everyone need to know about you?**  
I think everybody knows everything about me! I am a very open person. But I guess people need to know that I love ALL genres of music and levels of dance, not just Country because I wear a hat!
- 10) **Do you have any advice or tips for anyone wanting to choreograph?**  
My advice would be, DO IT, take your time, choose music YOU like, really listen to the words and how the track makes you feel and be brave.

