

# WORD UP

**Count:** 32

**Wall:** 2

**Level:** intermediate/advanced

**Choreographer:** Rachael McEnaney

**Music:** Word Up by Willis

Count In 16 counts from start of track, and begin 32 counts from start of vocals

## **STEP LEFT SIDE, CROSS BEHIND WITH SWEEP & ¼ TURN LEFT, STEP BACK LEFT, BACK LOCK STEP ON DIAGONAL, STEP TOUCH WITH ¼ TURN, ¼ TURN INTO FULL TURN RIGHT**

1-2 Step left to left side, cross right behind left as you release left leg to sweep around making ¼ turn left (9:00)  
3 Step back on left opening body to 7:30 (diagonal)  
4&5 Step back on right, cross right over left, step back on right (still on diagonal)  
&6 Make ¼ turn left stepping left to left side, touch right toe to right side (4:30)  
7 Make ¼ turn right stepping forward on right (7:30)  
8& Make ½ turn right stepping back on left, make ½ turn right stepping forward on right

## **SYNCOPIATED ROCK INTO JAZZ BOX, SIDE ROCK, CROSSING SHUFFLE, SIDE ROCK CROSS**

1&2& Rock forward on left, recover weight back onto right, rock left out to left side, recover weight onto right  
3&4& Cross left over right, step back on right squaring up to face back wall, step left to side, cross right over left (6:00)  
5& Rock left to left side, recover weight onto right  
6&7 Cross left over right, step right to right side, cross left over right  
&8& Rock right to right side, recover weight onto left, cross right over left

## **STEP LEFT SIDE, HOLD, STEP TOGETHER, ¼ TURN LEFT STEPPING FORWARD, ¼ LEFT TOUCHING RIGHT TOE, BEHIND SIDE CROSS, HITCH, CROSS**

1-2 Step left to left side, hold  
&3-4 Step right next to left, make ¼ turn left stepping forward on left, make ¼ turn left touching right toe to right side (12:00)  
5&6 Cross right behind left, step left to left side, cross right over left  
7-8 Hitch left leg (style with left toe in towards right knee - figure 4), cross left over right

## **RIGHT SIDE ROCK CROSS, ¾ TURNING TRIPLE RIGHT, 2 WALKS FORWARD, MAMBO ½ TURN RIGHT, ¼ TURN RIGHT TO BEGIN DANCE AGAIN**

1&2 Rock right to right side, recover weight onto left, cross right over left  
3&4 Make ¼ turn right stepping back on left, make ½ turn right stepping forward on right, step forward on left (9:00)  
5-6 Step forward on right, step forward on left  
7&8 Rock forward on right, recover weight onto left make ½ turn right stepping forward on right (3:00)  
& Make ¼ turn right on ball of right foot

**REPEAT**