

# Sugar for My Honey

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**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Tom Inge Soenju (NOR) - October 2023

**Music:** Sweets for My Sweet - C.J. Lewis

or: Chicken Fried (Real Hypha Remix) - Zac Brown Band

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**Note: Alternative music: Chicken Fried (Real Hypha Remix) – Zac Brown Band (Intro: 8C, No tags/restarts)  
(Free track: <https://soundcloud.com/realypha> or contact me for the track)**

**Intro: 32 counts from when heavy (new) beat kicks in.**

**Sequence: Repeating sequence.**

**Tag/Restart: No tags or restarts.**

**End: Dance as normal until music ends.**

## **SECTION 1: (DIA SIDE ROCKS, CHASSE) x2 (R/L)**

1-2 1/8 L turn rocking RF to R side, Rock back onto LF [10:30]

3&4 Step RF to R side, Step LF beside RF, Step RF to R side [on diagonal]

5-6 1/4 R turn rocking LF to L side, Rock back onto RF [01:30]

7&8 Step LF fwd, Step RF next to LF, Step LF fwd [on diagonal]

**(Alternative: Lift each foot from the floor that doesn't have weight on it when doing the rocks C1-2 and C5-6)**

## **SECTION 2: CROSS, BACK, 1/8 R CHASSE TURN, WEAVE WITH POINT (FLICK)**

1-2 Cross RF over LF, Step LF back

3&4 1/8 R turn stepping RF to R side, Step LF beside RF, Step RF to R side [03:00]

5-6-7-8 Cross LF over RF, Step RF to R side, Step LF behind RF, Point RF to R side

**(Alternative: Flick instead of point on C8)**

## **SECTION 3: CROSS, POINT, FWD SHUFFLE, (STEP, 1/4 L PIVOT) x2**

1-2 Cross RF over LF, Point LF to L side

3&4 Step LF fwd, Step RF next to LF, Step LF fwd

5-6 Step RF fwd, 1/4 L turn (weight on LF) [12:00]

7-8 Step RF fwd, 1/4 L turn (weight on LF) [09:00]

## **SECTION 4: 1/4 L STEP TURN, TOGETHER, CHASSE, CROSS ROCK, RECOVER, 1/4 L SHUFFLE TURN**

1-2 1/4 L turn stepping RF to R side, Step LF beside RF [06:00]

3&4 Step RF to R side, Step LF beside RF, Step RF to R side

5-6 Cross rock LF over RF, Transfer weight onto RF

7&8 1/4 L turn stepping LF fwd, Step RF next to LF, Step LF fwd [03:00]

**Start again and enjoy! Happy Dancing!**

**Contact: If anything is unclear or if you would like additional information, please contact me:**

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