

# Just Beat It

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Mayee Lee, M'sia (Aug' 2011)

**Music:** Beat It by Michael Jackson

**Special thank you to Stephanie Lim !!!**

**Pre-Intro: 88 COUNTS, start the dance after 24 counts and follow with the Intro Dance 64 counts**

## **Intro dance (64 count) Start the Intro dance facing back wall 6.00**

1 – 8                  Pop shoulder to Rt(1), hold(2), pop shoulder to Lt(3), hold(4) x2

9 – 16                Repeat 1 – 8

17 – 24              Jump both feet together(1), hold (2,3,4) x2

25 – 32              Repeat 17 – 24

1 – 8                  Touch Rt to Rt(1), hold(2), Rt together Lt(&), touch Lt to Lt(3), hold(4), Lt together Rt(&) Touch Rt to Rt(5), hold(6), Rt together Lt(&), cross Lt over Rt(7),unwind 1/2 turn Rt (8)(12.00)

9 – 16                Touch Rt to Rt(1), hold(2), Rt together Lt(&), touch Lt to Lt(3), hold(4), Lt together Rt(&), Touch Rt to Rt(5), hold(6), Rt together Lt(&), touch Lt to Lt(7), hold(8), Lt together Rt(&)

17 – 24              Touch Rt to diagonally Rt & bounce 7 times, Rt together Lt(8)

25 – 32              Applejack to Rt 4 counts & to Lt 4 counts

## **Main Dance (32 counts)**

### **Section 1: Toe Strut Forward R L R L**

1, 2, 3, 4            Touch Rt toe forward(1), drop Rt heel(2), touch Lt toe forward(3), drop Lt heel(4)

5, 6, 7, 8            Repeat Section1 (1 – 4)

### **Section 2: Back, Together, Heels Up Down, Back, Together, Heels Up Down**

1, 2, 3, 4            Step Rt back(1), step Lt together Rt(2), lift both heels up(3), place both heels down(4)

5, 6, 7, 8            Repeat Section 2 (1 - 4)

### **Section 3: Jump, ¼ Turn R, Shoulders Roll & Sit, Push Hip Up & Down**

1, 2, 3, 4            Jump both feet apart(1), ¼ turn Rt(2) (3.00), roll Lt shoulder(3), roll Rt shoulder & sit on Lt(4)

5, 6, 7, 8            Push hip up(5), push hip down(6), push hip up(7), push hip down(8)

**Easier option for 5 – 8 : Bump hip to Lt x4 (5 6 7 8)**

### **Section 4: Cross R Strut, ½ Turn L Toe Strut, Forward, Scuff, Jackson Kick**

1, 2, 3, 4            Touch Rt toe over Lt(1),drop Rt heel(2), ½ turn Lt touch Lt toe forward(3), drop Lt heel (9.00)

5, 6, 7&8            Step Rt forward(5), scuff on Lt(6) ,bring Lt knee out to Lt(7),bring Lt knee in (centre)(&), step Lt down beside Rt(8)

**Easier Option for 6 –8 : Step Lt together with Rt(6), body roll from knees to head(7&8)**

**Restart: During wall 4 (3.00), dance only 16 counts & restart at the same wall !**

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