

# The Super Trouper

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**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Sandra Speck (UK) - September 2007

**Music:** Super Trouper - ABBA : (Greatest Hits CD Or Other Albums)

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**Intro : 32 counts from heavy beat**

**(Whistle For The Choir – 32 count intro; Big Girls Don't Cry - 24 count intro on main vocals)**

## **WALK TOUCH, WALK TOUCH, WALK TOUCH , WALK TOUCH**

- 1 - 2 Walk forward on right foot, touch left next to right
- 3 - 4 Walk forward on left foot, touch right next to left
- 5 - 6 Walk forward on right foot, touch left next to right
- 7 - 8 Walk forward on left foot, touch right next to left

## **BACK TOUCH, BACK TOUCH, BACK TOUCH, BACK TOUCH**

- 1 - 2 Step back on right, touch left next to right
- 3 - 4 Step back on left, touch right next to left
- 5 - 6 Step back on right, touch left next to right
- 7 - 8 Step back on left, touch right next to left

## **EXTENDED GRAPEVINE RIGHT, TOUCH LEFT**

- 1 - 2 Step right foot to right side, cross left behind right
- 3 - 4 Step right foot to right side, cross left foot on front of right
- 5 - 6 Step right foot to right side, cross left behind right
- 7 - 8 Step right foot to right side, touch left next to right

## **EXTENDED GRAPEVINE LEFT, ¼ LEFT, TOUCH RIGHT**

- 1 - 2 Step left foot to left side, cross right behind left
- 3 - 4 Step left foot to left side, cross right foot in front of left
- 5 - 6 Step left foot to left side, cross right behind left
- 7 - 8 Make ¼ turn left stepping forward on left, touch right next to left