

Take a Second

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Neville Fitzgerald & Julie Harris & Rhoda Lai - (3rd September 2017)

Music: First Things First by Pentatonix (2.40)

Start 16 Counts

S1: Rock Recover, Ball Step Up, Down, Out Out, In Cross, Side Touch, Drag.

1-2 Rock forward on Left, Recover back on Right.
&3 Step Left next to Right, step forward on Right.
&4 Lift both heels Up, replace both heels.
&5&6 Step Right out to Right side, step Left out to Left side, step Right in place, cross step Left over Right.
&7-8 Step Right to Right side, touch Left next to Right, step Left to side as you drag right heel (toe up) towards Left.

S2: Behind Side Forward, Step, 1/2 Pivot, Step, Step Touch, Back, Touch, Drag.

1&2 Cross step Right behind Left, step Left to Left side, step forward on Right.
3-4 Step forward on Left, make 1/2 pivot Right. (6.00)
5 Step forward on Left.
6&7&8 Step Right to Right diagonal, touch Left next to Right, step Left back in place, touch Right next to Left.
8 Step large step back on Right as you drag Left heel toward Right.

S3: Coaster Step, Hitch, Toe Back, 1/4, Behind Side Cross, Side Together.

1&2 Step back on Left, step Right next to Left, step forward on Left.
3-4-5 Hitch Right knee up, touch Right toe back, make 1/4 pivot turn to Right (keeping weight on Left).(9.00)
6&7 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
&8 Step Left to Left side, step Right next to Left.

S4: Step, Lock, Step, Lock, Step, Lock, Step, Mambo Step, Back, 1/2.

1&2&3 Step forward on Left, lock Right behind Left, step forward on Left, lock Right behind Left.
3&4 Step forward on Left, lock Right behind Left, step forward on Left.
5&6 Rock forward on Right, recover on Left, step back on Right.
7-8 Step back on Left, make 1/2 turn to Right stepping forward on Right. *R* (3.00)

S5: Side, Hold, Ball Side, Cross, & Together, Cross, 1/4, 1/4, Step Lock.

1-2 Step to Left side, Hold.
&3-4 Step Right next to Left, step Left to Left side, cross step Right over Left.
&5 Step Left to Left side (facing slightly towards 4.30 corner) step Right next to Left (pushing bum slightly back)
6-7 Cross step Left over Right, make 1/4 turn to Left stepping back on Right. (12.00)
8&1 Make 1/4 turn to Left stepping forward on Left, step forward on Right, lock Left behind Right popping Right knee forward. (9.00)

S6: Step, Mambo Step, Toe, 1/2, Walk, Walk.

2 Step forward on Right.
3&4 Rock forward on Left, recover back on Right, step back on Left.
5-6 Touch Right toe back, make 1/2 turn to Right stepping down on Right. (3.00)
7-8 Walk forward L-R.

Restart Walls 2 & 4

Dance Up To and Including Count 32 of Section 4 then Begin Dance Again.

Ending: Dance Up to and including Count 47, take a pivot ½ Right to face back to 12:00.

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