

# Rún, Rune

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**Count:** 36

**Wall:** 2

**Level:** Beginner

**Choreographer:** Angéline Fourmage (FR) & Maryse Fourmage (FR) - 1 August 2022

**Music:** Rún - SKÁLD

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## Start: On the lyrics

### [1-8] Walk, Walk, Clap, Clap, Heel, Back, Heel, Back

1-2 RF FW, LF FW  
3-4 Clap, Clap  
5-6 Touch R Heel FW, RF back  
7-8 Touch L Heel FW, LF back

### [9-16] Rock-Step, Triple-Step, Point $\frac{1}{4}$ R, Cross-Shuffle

1-2 RF back, Recover to LF  
3&4 RF FW, LF next to RF, RF FW  
5-6 LF FW,  $\frac{1}{4}$  R  
7&8 Cross LF over RF, RF to the R side, Cross LF over RF

### [17-24] Mambo, Mambo, Jazz-Box $\frac{1}{4}$ R

1&2 RF to the R side, Recover to LF, RF next to LF  
3&4 LF to the L side, Recover to RF, LF next to RF  
5-6 Cross RF over LF, LF Back  
7-8 Make  $\frac{1}{4}$  R with RF to the R side, LF next to RF

### [25-32] Toe-Strut, Toe-Strut, Step on Place

1-2 R Toe FW, drop your R heel  
3-4 L Toe FW, drop your L heel  
5-6 RF next to LF, LF next to RF  
7-8 RF next to LF, LF next to RF

### [33-36] V-Step

1-2 RF FW on R Diagonal, LF FW on L Diagonal  
3-4 RF Back, LF next to LF

**Smile and enjoy the dance**

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