

Oh Lonesome Me

32 Count, 2 wall improver dance

Music : Oh Lonesome Me by Crystal Gayle

Choreographer: Heather Gronow (Feb 2019)

8 Count intro

Section 1 : **Cross rock, Side Chasse, Cross rock, side chasse ¼ turn**

1,2 3&4: Rock R over L, recover, step R to right side, close L together, step R to right side

5,6 7&8: Rock L over R, recover, step L to left side, close R tog, step L ¼ turn to left

Section 2 : **Rock rec, shuffle ½ turn right, shuffle ½ turn right,rock back,rec.**

1,2 3&4: Rock fwd on R,rec , shuffle R,L,R making ½ turn to right

5&6, 7,8: making ½ turn right shuffle L,R,L , rock back on R, fwd L

Section 3: **Heel toe Shuffle fwd, step pivot ½ turn, shuffle fwd**

1,2 3&4 Tap R heel fwd, tap R toe back, Shuffle fwd R,L,R

5,6 7&8 Step wd on L, pivot ½ turn to right, shuffle fwd L,R,L

Section 4: **Jazzbox ¼ turn to right, Kick Ball Change, Walk fwd**

1,2,3,4 Cross R over L, step back on L, ¼ turn right onto R, tog L

5&6 7,8 Kick R fwd, step R in place,Step L in place, Walk fwd, R,L

END: No tags or restarts

heathergronow@yahoo.co.uk