

OLD RECORDS

Choreographers: Elaine Cook & Rob Fowler & I.C.E. – June 2021

Counts: 32 - Walls: 4 - Level: Absolute Beginner (No tags or restarts)

Music: Old Time Rock & Roll by Bob Seger & The Silver Bullet Band - 3m 13s (The Original Masters Greatest Hits) - BPM: 123 (approx.)

Intro: Piano riff, then lyrics “Just take those old records off the shelf” – Start on the word “off” (approx. 7 secs)

S1 [1-8] Hustle Walks Forward, Kick, Hustle Walks Back, Touch

1-4 Step R forward, Step L forward, Step R forward, Small kick L

5-8 Step L back, Step R back, Step L back, Touch R beside L

S2 [9-16] Step Touches Forward & Back Twice (with optional styling)

1-4 Step R forward, Touch L beside R, Step L back, Touch R beside L

5-8 Step R forward, Touch L beside R, Step L back, Touch R beside L

For optional styling: when stepping forward, bend down & clap with the touch, when stepping back, stand up & click fingers with the touch. Another option is to shimmy when bending down and up. Have fun with it.

S3 [17-24] Basic R ¼ Right, Touch, Basic L, Hold

1-4 Step R side, Step L beside R, Step R ¼ right, Touch L beside R

9:00

5-8 Step L side, Step R beside L, Step L side, Hold (leaving feet shoulder-width apart)

S4 [25-32] Elvis Knees: R Knee in, Hold, L Knee in, Hold, Knees in R,L,R, Hold

1-4 R Knee in, Hold, L Knee in, Hold

5-8 R Knee in, L Knee in, R Knee in, Hold

Start Over