

# Lady Lay Down

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**Count:** 48

**Wall:** 4

**Level:** Improver waltz

**Choreographer:** Pia Rossen (DK) - January 2018

**Music:** Lady Lay Down - Dancelife

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**Intro 12 counts. Weight on right foot.**

**Tags: 2 different tags:**

**Tag 1; 3 counts after wall 1 and 3**

**Tag 2: 6 counts after wall 2**

**Sequence: 48, Tag 1, 48, Tag 2, 48, Tag 1, 48, 48, 26 + Ending.**

**( 1-6 ) L twinkle, R twinkle 1/4 R**

1-3 cross L over R, step R to R diagonal, step L to L diagonal

4-6 cross R over R, turn 1/4 R stepping back on L step R to R side

**( 7-12 ) Step L, point R hold, step R back, point L hold**

1-3 step L fwd, point R to R side, hold,

4-6 step back on R, point L to L side, hold.

**( 13-18 ) L basic back 1/2 L, R basic back**

1-3 step L fwd, step R fwd, turn 1/2 L , stepping back on L

4-6 step R back, step L next to R, change weight to R

**( 19-24 ) 1/4 L turning box**

1-3 step L fwd turning 1/4 L step R to R side, step L next to R

4-6 step R back, step L to L side, step R next to L

**( 25-30 ) L cross rock, side, R cross rock, 1/4 R, step R fwd**

1-3 cross L over R, recover back on R, step L to L side

4-6 cross R over L , recover on L turn 1/4 R, stepping R fwd

**( 31-36 ) L basic fwd, R basic back**

1-3 step L fwd, step R next to L, change weight to L

4-6 step R back, step L next to R, change weight to R

**( 37-42 ) Weave, R step slide**

1-3 cross L over R, step R to R side, cross L behind R

4-6 step R a big step to R side, drag L towards R , touch L next to R

**( 43-48 ) L Rolling vine, R cross rock, side**

1-3 turn 1/4 stepping L fwd, turn 1/2 step R back, turn 1/4 step L to L side

4-6 cross R over L, recover back on L, step R to R side

**Start again.**

**Tag 1:**

1-3 cross L over R, step R a big step to R, drag L towards R

**Tag 2 :**

1-3 step L fwd, point R to R side, hold

4-6 step R back, point L to L side, hold.

**Ending: wall 6 is the last wall. Dance to count 26. facing 3.00. turn 1/4 stepping L fwd, Now facing 12.00. sweep R over 2 counts, pose.**

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