

# LANA

Choreo: Antoinette de Veth-Claassens

Dance: 4 wall line dance

Counts: 32

Level: Beginner

Intro: 32 counts, dance starts after  
singing on "*O... b... Lana*"

Music: "Lana" – Bandit

**Toe strut, step, pivot ½ turn R, toe strut,  
step, pivot ½ turn L**

1 – 2 RF step on toe fwd – put heel down

3 – 4 LF step fwd – LF+RF turn ½ R

5 – 6 LF step on toe fwd – put heel down

7 – 8 RF step fwd – RF+LF turn ½ L

**Kick-ball-step, step, hold (R + L)**

1 & 2 RF kick fwd, RF step on ball,  
LF step fwd

3 – 4 RF step fwd – Hold

5 & 6 LF kick fwd, LF step on ball,  
RF step fwd

7 – 8 LF step fwd – Hold

**Vine R, touch, vine L ¼ turn L, touch**

1 – 2 RF step R – LF cross behind

3 – 4 RF step R – LF touch beside

5 – 6 LF step L – RF cross behind

7 – 8 LF step fwd ¼ L – RF touch beside

**Step fwd, touch, step back, touch, step  
back, touch, step fwd, touch**

1 – 2 RF step fwd – LF touch beside

3 – 4 LF step back – RF touch beside

5 – 6 RF step back – LF touch beside

7 – 8 LF step fwd – RF touch beside

Start over again !