

Joy Of My Life

Count 32

Wall 4

Level: Improver

Choreo : Heather Gronow (Aug 2023)

Music : Joy Of My Life by Chris Stapleton

Intro 32 count

No Tags or Restarts

Section 1: Shuffle Fwd, Mambo, Behind side cross, Side rock cross

- 1&2 : Step fwd on Right, bring L together, step Fwd on R
- 3&4 : Rock fwd onto L, rock back on R, Step L together
- 5&6 : Sweep R leg behind, Step L to left side, Cross R over left
- 7&8 : Rock L to left side, recover on R, Cross L over right

Section 2 : Side rock cross, Sway sway, Behind side cross shuffle

- 1&2 : Rock R to right side, Recover on L, Cross R over left
- 3 – 4 : Step L to side and sway you body left, right, bringing weight on R
- 5 – 6 : Cross L behind right, Step R to right side
- 7&8 : Cross L over right, bring R to left, Step L over right

Section 3 : Rumba box, Walk Walk, Step pivot ¼ turn

- 1&2 : Step R to right side, bring L together, Step back R
- 3&4 : Step L to left side, bring R together, Step fwd L
- 5 – 6 : Walk fwd R , L
- 7&8 : Step fwd R, Pivot ¼ turn to left, Cross R over L

Section 4 : Side drag touch, Kick ball cross, Sway sway, Behind side touch

- 1 – 2 : Take a long step to left on L, drag R to left and touch
- 3&4 : Kick R fwd, step on R foot, cross L over R
- 5 – 6 : Step R to right side and sway body right, then rec on L
- 7&8 : Step R behind, Step L to left side, Touch R toe to left foot

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