Digital Age

Count: 68   **Wall:** 1   **Level:** Phrased Easy Intermediate

Choreographer: Daniel Trepat (NL) & Jose Miguel Belloque Vane (NL) & Roy Verdonk (NL) Feb. 2016

Music: "Digital Age" by Phreefall ft. Flemming

Intro: 2 counts (app. 1 sec into track, so it starts straight away)
Sequences: A - B - B - A* - A - B - B – A** - B - B - A

Restarts: -
A* = 2nd time part A after 8 counts & Restart with part A
A** = 3rd time A dance the first 32 counts & Restart to part B

Footwork Part A – 52 counts
A[1 – 9]   ¼ turn R, Step ½ turn R, 1/8 turn R, Step Lock Step, Rock, 1/8 turn R, Recover with Sweep, Sailorstep

1 – 3	¼ turn R stepping R forward (1), Step L forward (2), ½ turn R stepping R forward (3)	9:00
4&5	1/8 turn R Stepping L forward (4), Lock R behind L (&), Step L forward (5)	10:30
6 – 7	Rock R forward (6), 1/8 turn R & Recover on L & Sweep R from front to back (7)	12:00
8&1	Cross R behind L (8), Step L slightly to L side (&), Step R to R side (1)	12:00

A[10 – 17]   Hold, ball Step, Hold, Ball Step, Cross Rockstep, Cha Cha ¼ turn L

2 – 5	Hold (2), Step on ball of L next to R (&), Step R to R side (3), Hold (4), Step on ball of L next to R (&), Step R to R side (5)	12:00
6 – 7	Cross rock L over R (6), Recover on R (7)	12:00
8&1	Step L to L side (8), Step R next to L (&), ¼ turn L stepping L forward (1)	9:00

A[17 – 25]   Step fwd, ¼ turn L, Step fwd, Touch Side, Step fwd, Touch Side, Step Lock Step (starting a sweep with ¼ turn R)

2 – 3	Step R forward (2), ¼ turn L stepping L to L side (3),	6:00
4 – 5	Step R forward (4), Touch L to L side (5)	6:00
6 – 7	Step L forward (6), Touch R to R side (7),	6:00
8&1	Step R forward (8), Lock L behind R (&), Step R forward & start turning a ¼ turn R sweeping L from back to front (8)	6:00

A[26 – 32]   (Finish ¼ turn R sweep), Cross, Hold, Ball Rockstep, Shuffle ¾ turn L

2 – 4	Finish ¼ turn R sweep (from last count) (2), Cross L over R (3), Hold (4)	9:00
&5 – 6	Step R slightly to R side on the ball of foot (&), Rock L over R (5), Recover on R (6)	9:00
7&8	¼ turn L stepping L to L side (7), ¼ turn L stepping R next to L (&), ¼ turn L stepping L forward (8)	12:00

A[33 – 40]   Side, Together, Forward, Mambo fwd, Step back, Rockstep

1 – 3	Step R to R side (1), Step L next R (2) Step R forward (3)	12:00
4&5	Step L forward (4), Recover on R (&), Step L back (5)	12:00
6 – 8	Walk back on R (6), Rock back on L (7) Recover on R (8)	12:00

A[41 – 48]   Step, Lock Step, Scuff, Jazzbox, Cross

1 – 4	Step L forward (1), Lock R behind L (2), Step L forward (3), Scuff R forward (4)	12:00
5 – 8	Cross R over L (5), Step L back (6), Step R to R side (7), Cross L over R (8)	12:00

A[49 – 52]   Sway R, Sway L

1 – 4	Step R to R side and sway body to R side (1 - 2), Recover weight on L & sway body to L side (3 - 4)	12:00

Footwork Part B – 16 counts
B[1 – 8]   Basic R, Syncopated full turn R, Cross with Sweep, Cross, ¼ turn R, ¼ turn R Side Lunge, ½ turn L

1 – 2&	Step R to R side (1), Step L next to R (2), Cross R over L (&)	12:00
3&4&	¼ turn R stepping L back (3), ½ turn R stepping R forward (&), ¼ turn R rocking L to L side (4), Recover on R (&)	12:00

5 – 6&   Cross L over R & sweep R from back to front (5), Cross R over L (6), ¼ turn R stepping L back (&)
                3:00
7 – 8&   ¼ turn R stepping R to R side (7), Recover on L (8), ½ turn L stepping R next to L (8)   12:00

B[9 – 16]   Side Lunge, weight changes (R-L-R) with arm movements, Recover with sweep, Jazzbox, Weave
1 – 4   Step L to L side (1), Transfer weight to R (2), Transfer weight to L (3), Transfer weight to R (4)
Arm Movements: stick both hand next to body (1), Cross arm over each other R over L to R side (2), Put wrist together and turn to L side, the arms are now switched L is over R (3), Pull R elbow back (&), Pull R elbow again back but now further (4) (for a better explanation watch the video)   12:00
5 – 6&   Step L to L side & sweep R from back to front (Throw R hand forward) (5), Cross R over L (6),
                Step L back (&) 12:00
7&8&   Step R to R side (7), Cross L over R (&), Step R to R side (8), Cross L behind R (&)   12:00

Begin again!