

# Hopelessly Helplessly

Choreographer: Andrina K Faulds, Scotland (UK), April 2018, [xandrinax@live.co.uk](mailto:xandrinax@live.co.uk)

Music: Head Over Heels by The Washboard Union

Dance information: 32 counts high improver

Details: 1 Restart

Walls 4

Count in: 32 counts

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## **Section 1**

Right toe strut, left cross toe strut, weave a ¼ left

- 1-2 Step right to right side touching right toe to floor (1), drop right heel to the floor (2)
- 3-4 Cross left over right touching left toe to floor (1), drop left heel to the floor (2)
- 5,6,7,8 Step right to right side (5), step left to left side making ¼ left (6), step right behind left (7), step left to left side (8)

## **Section 2**

Right cross strut, left toe strut, right sailor step

- 1-2 Cross right over left touching right toe to floor (1), drop right heel to the floor (2)
- 3-4 Step left to left side touching left toe to floor (3), drop left heel to the floor (4)
- 5,6,7 Step right foot behind left foot (5), step left to left side (6), step right foot in place (7)
- 8 Step left foot behind right (8)

## **Section 3**

Step right foot ¼ right, scuff left foot forward, left toe strut, step out right left and back together

- 1-2 Step right foot to right side making ¼ right (1), scuff left foot forward (2)
- 3-4 Step forward touching left toe to floor (3), drop left heel to the floor (4)
- 5,6,7,8 Step right out to right diagonal (5), step left out to left diagonal (6), step right back in place (7), step left back in place (8)

## **Section 4**

Monterey ½ turn right over right shoulder, point right toe out and together, kick right toe forward, flick right heel and make ¼ left

- 1,2,3,4 Touch right toe to right side (1), step right foot in place as you turn ½ over right shoulder (2), touch left toe to left side (3), step left foot in place (4)
- 5-6 Point right toe out to right side (5), touch right toe next to left (6)
- 7-8 Kick right toe forward (7), flick right heel right and make ¼ left (8)

**Restarts** – Wall 4 (9 o'clock) restart at the end of section 3

**Ending** – Dance will finish at 3 o'clock wall dance until end of section 1 to finish facing the front