

La Resaca (a.k.a. The Hangover)

Co-Choreographers: José Miguel Belloque Vane, (NL) Sebastien Bonnier (FR) & Sebastiaan Holtland, (NL)

Name of Dance: La Resaca (a.k.a. The Hangover)

Song: **La Rasaca** (Track on iTunes & other mp3 sites) (approx 3:30 mins).

Music:: **Alex Duvall** (Latin Hits 2018).

Published: October 2018; Phrased Intermediate level line dance with one restart in wall 4 after 16 counts.

0 Wall; 48 counts, Introduction: 32 counts, start on approx 19 sec.

Sequence: A, B, A, A 16, Restart, A, B, A, A, B, B, A, A, A 16 ending.

PART A: 32 counts.

1-8 Walk Fwd R, L, Mambo Side R with ¼ Turn R, ½ Unwind R Across, & Cross L, Side.

- 1,2 Walk R fwd (1), Walk L Fwd (2).
- 3&4 Mambo R fwd (3), Recover back Into L (&), Make ¼ turn R (**3.00**) step R to R (4).
- 5,6 Step L across R (5), Unwind ½ R (**9.00**) weight onto L (6).
- &7,8 Step R beside L (&), Step L across R (7), Step R to R (8).

9-16 ¾ Volta Turn L, Full Volta Turn R with Touch R.

- 1&2& Step L forward (1), Small Step R to R (&), Step L across R (2), Small Step R to R (&).
- 3&4 Step L across R (3), Small Step R to R (&), Step L across R squaring up at (**12:00**) weight onto L (4).
- 5&6& (**Full**) Step R forward (5), Small Step L to L (&), Step R across L (6), Small Step L to L (&).
- 7&8 Step R across L (7), Step L slightly fwd (&), Touch R beside L squaring up at (**12:00**) weight onto R (8).

(NB: Restart here in WALL 4 after 16 counts, after start again).

17-24 Step R Fwd with 1/8 Turn R, Samba Diamond Making A Full Turn Left.

- 1 Make 1/8 turn R (**1.30**) step R fwd (1).
- 2&3 Step L across R (2), Make 1/8 turn L step R to R (&), Make 1/8 turn L (**10.30**) step L back (3).
- 4&5 Step R back (4), Make 1/8 turn L (**9.00**) step L to L (&), Make 1/8 turn L (**7.30**) step R fwd (5).
- 6&7 Step L across R (6), Make 1/8 turn L step R to R (&), Make 1/8 turn L (**4.30**) step L back (7).
- &8 Step R back (&), Make 3/8 turn L (**12.00**) step L slightly to L (8).

25-32 Fwd & Side Mambo R, Coaster Step R, Fwd & Side Point L, ½ Sailor Turn L.

- 1&2& Mambo R fwd (1), Recover back onto L (&), Mambo R to L (2), Recover back onto L (&).
- 3&4 Step R back (3), Step L beside R (&), Step R fwd (4).
- 5,6 Point L fwd (5), Point L out to L (6).
- 7&8 Step L behind R (7), Make ½ L (**6.00**) step R to R (&), Step L to L (8).

PART B: 16 counts.

1-8 Syncopated Jazz Box R Across, Back & Side, Syncopated Rocking Chair R, Runs Fwd L, R.

- 1,2&3 Step R across L (1), Step L back (2), Step R to R (&), Step L across R (3).
- 4& Step R back (4), Step L to L (&).
- 5&6&7 Rock R fwd (5), Recover back onto L (&), Rock R back (6), Recover back onto L (&), Step R fwd (7).
- 8& Stepping L fwd (8), Stepping R fwd (&).

9-16 Mambo Step Fwd L, Coaster Step R, Side, Hold, Shimmy Shoulders, Heel Flick R.

- 1&2 Mambo L fwd (1), Recover back onto R (&), Step L back (2).
- 3&4 Step R back (3), Step L beside R (&), Step R fwd (4).
- 5,6 Step L out to L (5), HOLD (6).
- 7 Shimmy shoulders long (7).
- 8 Heel Flick R (8).

REPEAT THIS DANCE AND HAVE FUN!!