

# RAISE YOUR HANDS (Händer upp)

## Choreographer: Kim Liebsch (Denmark)



Type of dance: 32 counts, 4 walls (Juni 2024)  
 Level: Easy Improver  
 Music: Händer upp by Carola (3:42)  
 Intro: 16 counts (appr. 11 sec)  
 Start with weight on L foot  
 Extras (styling): On wall 3-5-8-10-12, on the first 4 counts, when she sings händer upp- Raise your Hands twice (\*)  
 ( Contact: Kimliebsch on Instagram and [liebsch@ymail.com](mailto:liebsch@ymail.com) )

Counts	Footwork	End facing
<b>1 section</b>	<b>Cross point X 2 (*raise hands on wall:3-5-8-10-12) rock recover, shuffle back</b>	
1-2	Cross R over L, point L to L side	12:00
3-4	Cross L over R, point R to R side	12:00
5-6	Rock fw. on R, recover on L	12:00
7&8	Step back on R, step L next to R, step back on R	12:00
<b>2 section</b>	<b>Back rock, shuffle fw. step ½ turn, shuffle ½ turn</b>	
1-2	Rock back on L, recover on R	12:00
3&4	Step fw. on L, step R next to L, step fw. on L	12:00
5-6	Step fw. on R, make ½ turn L stepping fw. on L	6:00
7&8	Make ½ turn L stepping back on R, step L next to R, step back on R	12:00
<b>3 section</b>	<b>Step back with knee pop X 2, back rock, step ¼ turn, cross shuffle</b>	
1-2	Step back on L, while popping R knee, step back on R while popping L knee	12:00
3-4	Rock back on L, recover on R	12:00
5-6	Step fw. on L, make ¼ turn R stepping R to R side	3:00
7&8	Cross L over R, step R to R side, cross L over R	3:00
<b>4 section</b>	<b>Step side hold, ball side touch, ¼ turn step, ¼ turn touch</b>	
1-2	Step R to R side, hold	3:00
&3-4	Ball step L next to R, step R to R side, touch L beside R	3:00
5-6	Make ¼ turn L stepping fw. on L, step fw. on R	12:00
7-8	Make ¼ turn L, stepping L to L side, touch R beside L	9:00

***Good Luck & N'joy!***