

Midland Mini Cha

Count: 32

Wall: 1

Level: Absolute Beginner

Choreographer: Cheryl Carter (UK) & Sandra Speck (UK) - January 2020

Music: Put the Hurt on Me - Midland : (Album: Let it Roll)

Music available from iTunes

#32 count intro, approx. 20 seconds

S1 .RUMBA BOX WITH HOLDS

1-2 Step right to side, close left next to right,
3-4 Step forward on right, hold for one count
5-6 Step left to side, close right next to left,
7-8 Step back on left, hold for one count

S2. BACK ROCK, FORWARD ROCK, BACK ROCK, STEP ¼ PIVOT

1-2 Rock back on right, recover onto left
3-4 Rock forward on right, recover onto left
5-6 Rock back on right, recover onto left
7-8 Step forward on right, turn ¼ left, weight on left

S3. WEAWE (OVER-SIDE-BEHIND), BEHIND ¼ WALK HOLD

1-2 Cross right over left, step left to side
3-4 Cross right behind left, sweep left foot out from front to back
5-6 Cross left behind right, turn ¼ right stepping forward on right
7-8 Walk forward on left, hold for one count

S4. STEP POINT, BACK POINT, JAZZ BOX CROSS

1-2 Step forward on right, point left to left side
3-4 Step back on left, point right to right side
5-6 Cross right over left, step back on left
7-8 Step right to side, cross left over right.