

Solo Dance

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Jo Kinser (UK) & John Kinser (UK) - May 2017

Music: Solo Dance - Martin Jensen : (iTunes)

Start on the vocals 32 counts.

[1-8] R ROCKING CHAIR, CROSS SAMBA, L DIAGONAL CROSSING SHUFFLE

1-4 Rock R fwd, Recover L, Rock R back, Recover L

5&6 Cross R over left, Rock L to left, Step fwd R (1:30)

7&8 Cross L slightly over right, Step R to right, Cross L slightly over right – travelling to (1:30)

[9-16] R SIDE – TOUCH/CLAP, L DIAGONAL SHUFFLE, SQUAT – TOUCH/CLAP, L SIDE SHUFFLE

1,2 Step R to right, Touch L next to right and Clap

3&4 Step L fwd to left diagonal (11:30), Step R next to left, Step L fwd

5,6 Step R back to left diagonal and Squat, Touch L next to right as you come up and Clap (12:00)

7&8 Step L to left, Step R next to left, Step L to left

[17-24] R CROSS ROCK, R SIDE ROCK, BEHIND AND CROSS, L SIDE ROCK

1,2 Cross Rock R over, Recover L

3,4 Rock R to right, Recover L

5&6 Step R behind left, Step L to left, Step R across left

7,8 Rock L to left, Recover R

[25-32] AND R SIDE ROCK – R BACK ROCK, STEP 1/8 TURN L – HIP ROLLS X2

&1,2 Step L next to right, Rock R to right, Recover L

3,4 Rock R back, Recover L

5,6 Step R fwd rolling hips anti c/w 1/8th turn Left

7,8 Step R fwd rolling hips anti c/w 1/8th turn Left (9:00)

Note: At the end of wall 4 facing 12:00, Hold for 4 Counts or do a Rocking Chair (1-4)

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